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2016

Speed Roller Skating

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Document Update

Version	Date	Author/Group	Modification/alteration
2016-1.0	15.06.2016	CEC	Adaptation of CIC updated rule book (100 m, one lap sprint; omission 200 m time trial)
2015-1.0	xx.07.2015	CEC	
2014 – 1.2	16.06.2014	CEC	Adaptation of CIC updated rule book
			Art. 83/84 (start/finish line), Art. 136 (time trial starting conditions), Art. 149 (disqualified skater), Art. 171 (trajectory), Art. 172 (obstruction)
			Annex 5 (race numbers)
2014 – 1.1	10.05.2014	CEC Jesús Cordero Cobo	Minor corrections (cross reference, typing errors, clarifications)
2014 – 1.0	01.05.2014	CEC	Approval/clearance Sports Rules 2014
V 1.3	01/2014	CEC/CIC	Feedback CIC (Madrid Meeting)
V 1.2	09.11.2013	CEC	Feedback Federations
V 1.1	03.06.2013	CEC	Corrections of typing errors/clarification of fees (Chapter 4.1)
V 1.0	09.04.2013	CEC	Approval/clearance Sports Rules 2013
V 0.3	05.04.2013	Rolland Broustaut	Consultation CEC (Technical Commission)
V 0.2	03.2013	Jesús Cordero Cobo, Stephan Neck	Alignment CIC and CEC Sports Rules
V 0.1	02.2013	Stephan Neck	Template General Regulations

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Overview of the 2016 Modifications

	Part	Chapter/ Section	Article	Type U = update N = new D = delete	Modification/alteration
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	T	1 -		T
Part 1	Chapter 1	Art. 3	U	Governing body
		Art. 5.2	D	Duties of the CEC members
		Art. 9.1	U	Revenue and expenditures
	Chapter 3	Art. 19.3	U	Examinations and appointment of International Judges
Part 2	Chapter 1	Art. 39.2	U/ N	Registration
	Chapter 2	Art. 44	U	Anti Doping rules
	Chapter 3	Art. 52	U	Anti-Doping charges
		Art. 54	U	Jury
		Art. 56.4-5	U	Podium
		Art. 59	U	Frequency
		Art. 61.1-2	U/ N	Official distances for European Speed Skating Championship
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		Art. 64.4	U	Inscription
		Art. 65.1	U	Entry form
		Art. 65.2	N	Entry form
		Art. 65.6	N	Entry form
		Art. 67.4	U	European Speed Skating Championship fees
		Art. 68.2-3	D	Organising Federation charges
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		Art. 69.4	U	Organising Federation technical charges
		Art. 70.1-2	U	European Ranking
		Art. 70.5	U/D	European Ranking
		Art. 71	U	Trophies & Prices
	Chapter 4	Art. 72	N	European Cup Regulations
Part 3	Chapter 1	Art. 83	U/D/N	Starting line
		Art. 85	U	Starting & finish line equipment
		Art. 93	U	Video recording
		Art. 98	U	Skates
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		Art. 99	U	Race numbers
		Art. 104	U	The "no skating zone"
		Art. 117	U/D	Official distances of the races
		Art. 118	UD	Type of race
		Art. 123	N	General rules for 100 m sprint tournament
		Art. 124	U	General rules for 500 m <mark>& 1 lap</mark> sprint tournament
		Art. 128	U	Point race
		Art. 129	U/ N	Point-Elimination race
		Art. 130.2e	N	Relay race
		Art. 134.1	U	Area of call
		Art. 135.2	U/D/N	Starting line order
		Art. 136.1	U/ N	Starting order
		Art. 138	U/ N	Speed tournament starting conditions (100 m, 500 m and 1.000 m)
		Art. 139	N	Specific rules for 100 m sprint tournament
		Art. 140	U	Mass start starting condition
		Art. 141	U	Neutralisation of the race
		Art. 147	U	Lap scorer
		Art. 148	U	Judgement on the finish line in the different types of competition (race)
		Art. 149.2	N	Ranking
		Art. 153.3	U/ N	Ex-aequo placement in mass start competitions
		Art. 165	U	Lap scorer judge
		Art. 169	U	False start
		Art. 170	U/ N	Exit of the skating course
		Art. 171	U	Wrong relay
		Art. 173	U	Trajectory
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		Art. 206.2	U	ESSC: Track 300 m time trial
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		Art. 207	U	ESSC: Sprint tournament (500 m, 1 lap & 1.000 m)
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		Art. 208.1	U	ESSC: Constitution of the qualification heats for the long distance race
		Art. 210	U	ESSC: Track Elimination & Point race
	Chapter 5	Art. 236 - 248	N	Specific rules for the East European Cup (EEC)
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Abbreviations

CERS Confédération Européenne de Roller Skating

(European Federation of Roller Sports)

CEC Comité Européen de Course

(European Committee of Speed Roller Skating)

CIC Comité International de Course

(International Committee of Speed Roller Skating)

cm centimeter(s)

EC European Cup

EEC East European Cup

FIRS Fédération Internationale de Roller Sports

(International Federation of Roller Sports)

GA General Assembly

IOC International Olympic Committee

m meter(s)

mm millimeter(s)

WADA World Anti Doping Agency





Preface

It is with great pleasure that the CEC presents the adapted CERS-CEC Sports Rules, Edition 2016.

These regulations implement:

- the decision of the meeting with CIC held in Madrid (Spain) October 2013, to have
 one rulebook for the sport and therefore to adapt the existing regulations in
 accordance with the CIC Sports Rules;
- considered feedback of the National Federations/EC stage organizers;
- agreed corrections between CIC and CEC valid from May 1st, 2015 on,
- agreed corrections between CIC and CEC valid from June 1st, 2016 on.

According to the CERS Statutes, the CEC amends these regulations and they are applicable starting from $July\ 1^{st}$, 2016.

These regulations contain the project of specific rules for this new series on the European level.

Please excuse the delay of the rulebook, but we received the rulebook late of CIC and must modification the rulebook.

June 2016

Irmelin B. Otten

President of the CEC

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General part - Introduction

Area of application

Application According with the CERS Statutes, the CEC amends these regulations and they

are applicable starting from July 1st, 2016.

Redaction

Diction In the following regulations only the masculine gender is used.

Language The regulations are produced only in English.

Numbers and quantities are written by letter and (by number).

quantity Example: two (2)

Presentation

Article or point concerning the European Championship

Insertion of article(s) issued from the CERS Statutes or CERS Regulations

Different from the CIC regulations

CIC project

CEC CEC project

Text | Text modifications/changes since last edition 2013

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Definition

Competition: is an association of races.

e.g. European Championship is a competition.

Race: 10 000 m elimination is a race.

Qualification **Qualification heats:** in a same competition, it's the race that a skater must

run to accede to the final.

Qualification Preliminary heat (race or competition): races are preliminary when a skater

must obtain a result in this race before to accede to the competition.

Rounds: in a sprint tournament it's the successive races (more than one) to

accede to the final.

Eliminated: only during elimination race

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Part 1 - CEC GENERAL ORGANISATION

Chapter 1 - Comité Européen de Course

Art. 1 - Constitution

Technical Committee The Comité Européen de Course (CEC) is a technical committee of the Confédération Européenne de Roller Skating (CERS).

Headquarter

The headquarter is located in the country of the President of the CEC.

Art. 2 - Composition



The CEC is composed respecting CERS Statutes.

Art. 3 - Governing Body

CEC is the governing body for the following disciplines:

- Speed Roller Skating
- CEC
- Alpine Inline

Additional member

One representing elected by the respective assembly of the precedent discipline becomes additional member of CEC

Art. 4 - Tasks

The CEC carries out the tasks which have been given to them by CERS Statutes, that is:

- to organise and promote speed skating activities in Europe and prepare and administer the relative regulations;
- to establish and maintain close relationships with all the National European Federations;
- 3. to make sure that all the affiliated National Federations comply with the CERS Statutes;
- 4. to amend the CEC General Regulations whenever necessary;
- 5. to make sure that all European competitions with countries of different continents have the CIC approval when FIRS and CIC regulations demand it:
- 6. to make sure that the behaviour of skaters and accompanying people comply with the rules established by CERS;

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- 7. to make sure that the doping control takes place according to CERS and WADA Medical Regulations;
- 8. to impose fines to the affiliated Federations for the non-observance of CEC Regulations.
 - The affiliated Federations can appeal against such fines, first to the CEC, if declined then to CERS;
- to sanction, by establishing the period of time, the skaters who resulted positive on the anti-doping control in accordance with CERS and WADA Medical Regulations.

Art. 5 - Duties of the CEC members

President

- The Chairman seats and presides over the General Assembly as well as CEC meetings and is responsible for any administrative and financial matter regarding the Committee.
 - The president has the casting vote and represents CEC in every official circumstance.

Commissions

- 2. The Chairman may appoint commissions with special tasks (Alpine Inline, Coaches).
- C.E.C
- The Chairman shall take care of and co-ordinate matters concerning European judges.

Vice President

- 4. The Vice Chairman assists the president and when necessary takes his place, if invited to do so.
 - He is responsible for the measures to be taken according to the WADA and FIRS/CERS Medical Regulations.

CEC members 5.

- 5. The other members carry out individual functions assigned to them during CEC first meeting, and are the followings:
 - a) to assist the Chairman in the evolution and modification of CEC General Regulations;
 - to assist the Chairman in any administrative matter according to the needs (public relations for the European Championships/European Cup and liaison with the media);
 - c) to assist the Chairman in any task during the European Championships.

Art. 6 – Secretary General of the Committee

Appointment

The Chairman appoints a secretary general/treasurer who shall be confirmed by the CEC.

The Secretary may be paid for his work. He has no voting right.

His tasks include:

- all secretarial work
- the drawing up of the minutes of the meetings

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• he also looks after the financial matters of the committee (for which he also works as a treasurer).

Art. 7 - The General Assembly (GA)



 The CEC General Assembly takes place according to the CERS Statutes and CERS Meeting Regulations.





2. Federations having right to vote are those that have taken part in one European Championship in the two years before the CEC Assembly.

Agenda

- 3. The agenda shall include:
 - a) Chairman's welcome;
 - b) Appointment of the scrutinizers;
 - c) Approval of the previous General Assembly minutes;
 - d) Chairman's Report;
 - e) Financial Report;
 - f) Approval of the Financial Report;
 - g) Elections, when necessary or required;
 - h) Proposals to CEC to study changes of CEC General Regulations;
 - Bids of future European Championships, European Cup and other competitions to be included in the European calendar of the following year(s);
 - j) Other business.

Art. 8 - Dismissals

Resignation

CEC members who are absent for three consecutive times at the official meetings, without any valid justification, or hindering the Committee with their negligent or inadequate behaviour, will be invited to resign before the end of their office.

Art. 9 - Revenue and expenditures

- 1. CEC revenues consist of:
 - a) organisation fees of European Championship, continental competitions and the European Cup and the East European Cup;
 - b) participation fees of European Championship;
 - c) registration fee for European Judges;
 - d) sale of its own publication;
 - e) fees for certification of tracks and technical equipment;
 - f) fines;
 - g) fees for claims and appeals;
 - h) sponsorship;
 - i) advertising;

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- j) TV/Video rights.
- 2. CEC expenditures are:
 - a) administrative expenditure;
 - b) travel and accommodation expenses for the Chairman, the Secretary General and CEC members on the occasion of called upon meetings;
 - c) travelling expenses for the European Judges appointed, during the European Championships;
 - d) support to countries that according to CEC have a need (sports equipments, coaches and whatever esteemed useful).
- 3. Every financial transaction is registered on the CEC account(s). According to the CERS Financial Regulations, the balance sheet must be submitted to the CEC General Assembly and CERS Congress after studying by CERS Auditors.

Art. 10 – CEC Disciplinary Commission

- 1. For all European competitions supervised by the CEC, the CEC Disciplinary Commission shall be constituted by CEC members. There must be at least three (3) present members.
- 2. When only one (1) or two (2) members are present to constitute the CEC Disciplinary Commission, a second or third person, selected by CEC member(s) among the official Delegates of the participating countries, is (are) added to the Commission.
- 3. In international competitions where there are no CEC Members, the organising committee constitutes a Disciplinary Commission composed of three (3) representatives from the Delegates of participating countries.
- 4. The decision of appeal taken by the CEC Disciplinary Commission is final.

Art. 11 - Other business

- 1. All National Federations shall forward within three (3) months after the beginning of the new season in every country, a list of all the clubs involved in speed skating.
 - Furthermore they shall send to the CEC the official results of their junior and senior national championships.
- 2. The organizers of important European competitions such as Championships, Cups, etc. shall send to CEC the programme and maps relative to such competitions within sixty (60) days before they start.
 - CEC will issue, when approved, a specific authorisation.
- 3. All National Federations and Associations that issued magazines and newsletter on roller-skating shall send a copy of every issue to the CEC
- 4. All CEC minutes, letters and copies of administrative documents or any other document shall be kept by the Chairman. Such documents shall be given to his successor.
- 5. Matters, which are not included in these regulations, will be settled by the CEC, whose decisions shall be ratified during the following General Assembly.

CERS - CEC Sports Rules 22/123





6. Any point not covered in these General Regulations will be decided by the CEC in accordance with the CERS Statutes.

CERS - CEC Sports Rules 23/123





Chapter 2 - Officials

Art. 12 - European Officials

CERS The European officials are:

- 1. CERS President, CERS Vice presidents, Presidents of the European Technical Committees and the CERS Secretary General;
- CEC 2. CEC members.

Art. 13 - Officials of the competition

Officials The officials of the competition are:

- 1. The Jury composed of judges and chief referee;
- 2. The Official Speaker, he is allowed inside the race course;
- 3. The Doping Control Officer (DCO) and Chaperone as defined in the WADA International Standard Testing.
- CEC 4. The race director (CEC member).

Art. 14 - The Delegate(s)

Responsibility

 Nation's or Team's delegates who have been officially appointed by the participating countries are responsible of their delegation and must behave according to the principles of sport honesty and fair play.



2. For the European Championship, two (2) official delegates per nation are accredited by the CEC

Art. 15 - Coaches

Status

- 1. The nation's or team's coach(es) are not officials. They are not allowed to represent their team or their country in any official approach.
- 2. A specific area called "Coach's Area" (Art. 94 Coach's area) located near the race course is reserved for them.

CERS - CEC Sports Rules 24/123





Chapter 3 - Judges

Art. 16 - Composition and tasks

Appointment/
Organisation

The CEC Chairman must appoint, organise and register all European Speed Judges in Europe and verify their activity. The CEC Chairman will use the cooperation of suitable and necessary people in order to carry out such work.

Art. 17 - CEC rights

Interpretation

1. To guarantee the uniform interpretation and application of CEC General Regulations and any other directions issued by the CEC for the European Championships and all other European competitions.

Performance

- 2. To point out to the National Federations, any particular lack of proper performance of judging duties during a championship or interclub event, recommending or not their appointment for interclub competitions.
- 3. To:
 - draw up every year a report about its own activity, the activity carried out by its collaborators and by the European/international Judges employed throughout the year;
 - take care of financial business;
 - draw up a regular financial statement;
 - appoint from time to time the two collaborators who shall examine future International Judges.

Chief Referee

4. CEC will appoint the Chief Referee for all European/interregional events.

Art. 18 - Availability of European/International Judges

Overview/ List

Each year by January 31st, every National Federation must send to CEC a list of its working European Judges. Such Judges shall renew their card every year and pay the fee established by CEC

Juries

Only European Judges recognised by the CEC and International Judges recognised by the CIC who registered for the current year can be appointed as members of the Juries for the European or Interclub Championships, and for all the European events with participation of two or more countries of different continents. In the absence of a sufficient number of CEC recognised European Judges, National Judges may be used to assist the Jury.

Update

National Federations must communicate to the CEC the names of their European judges who have been suspended, expelled or for any reasons have interrupted their activity.

CERS - CEC Sports Rules 25/123





Art. 19 - Examinations and appointment of International Judges

Proposal

- 1. By the 31st of December of each year, National Federations shall communicate to CEC the names of the judges they want to propose as International Judges, indicating their sports curricula. Each candidate must have officiated at least for two (2) years at the maximum category in his own country. Such candidates must have a senior high school certificate; they must be fluent in English and must be less than fifty (50) years old at the 1st of January of the same year.
- 2. Proposed candidates will be examined in the following year by a CIC member and an experimented judge. At least one of the two will belong to a nation different from the one of the candidates. The examination shall take place during a European/international competition. After a written test, candidates will be interviewed about technical as well as other international regulations. They will be observed in their capacity as judges on curves, finishing and as starting judges and people responsible for counting laps. Candidates who pass such exams will be registered International Judges and can be convened for European/international competitions. When a National Federation calls for an exam for international judges in a period in which no European/international championship takes place, it shall pay travel and accommodation expenses for the examiners. The journey from the examiner residence to the place of the exams will be recognised for the 1st class by train or, when difficult for the distance, for the tourist class by plane.
- 3. The fee for the inscription at the International Judge Examination is 100 US \$. It must be paid to CIC/FIRS.

Art. 20 - Withdrawal of international qualification

Revocation

CEC

If a European/International Judge does not officiate at national or European/international levels for three (3) consecutive years, his commission will be revoked. If a European/international judge is not up-to-date with the payment of European/international fees, after three (3) years his commission will be revoked. In both cases, he must retake the exam.

Art. 21 - Chief Referees

Chief Referee

European Chief Referees are those who have been for at least five years European and/or international judges and who, in the opinion of the CEC, have already demonstrated in previous European/International Championships or European Cup stages to be able to carry out perfectly all the tasks included in a jury. They are, therefore, qualified to direct a European Championship or a European Cup stage.

CERS - CEC Sports Rules 26/123





Art. 22 - Registration fee for International/European Judge

Fee

The national federations have to pay a fee for the registration of their European judge(s).

First entry fee for International Judges

(badge included; payable to CIC) USD 100,-

Affiliation fee for European Judges

(annual renewal; payable to CEC) EUR 50,-

Art. 23 - List of European/International judges

Available Chief Referees Every year the CEC communicates to the National Federations an updated list of European/international judges (Chief Referees) available in Europe according to *Art. 21 – Chief Referees* of these regulations.

Art. 24 - Honorary Judges

Honorary Judges European/international Judges who have achieved the age limit of sixty five (65) and have successfully carried out their European/international activity for at least ten (10) years may be appointed by the CEC as "Honorary Judges" receiving a proper certificate, upon proposal of the Federations to which they belong.

Art. 25 - Employment of European/International Judges

- 1. For international/European competitions, with the participation of at least two different continents/countries, the organising country can arrange the composition of the jury with other participating nations, but must ask to the CEC the name of the International Chief Referee.
- 2. If willing to bear all relative expenses, the organising country may apply to CEC for the appointment of a Chief Referee and other International Judges belonging to non-participating countries (but as near as possible to the site of the competition).

Art. 26 - Restrictions

Retirement

1. All European/International Judges must retire at their sixty-fifth (65) birthday.

Exclusion

2. European/International Judges having relatives participating in the European Championships or in a European Cup stage, who are trainers or managers of participating skaters, must be excluded if possible from the Jury. When appointed, judges in such a situation must explain this to the Chief Referee who will consider their position in the assignment of tasks.

CERS - CEC Sports Rules 27/123





Art. 27 - Duties of European/International Judges

Enforcement

European/International Judges appointed to European Championships or European Cup stages/competitions must respect and strictly enforce all regulations and other rules issued by the CEC without any reference to their own country.

Violation

CEC can punish a European/International Judge for violating the present CEC General Regulations. This can be done by means of warning, suspensions of one year (request to CIC for International Judges) or a final removal from the roster.

Recognition

Disciplinary measures taken against European/International Judges by National Federations are definitely recognised as valid and applicable also by the CEC

CERS - CEC Sports Rules 28/123





Part 2 - CEC EUROPEAN COMPETITIONS

Chapter 1 - Organisation of European Competitions

Art. 28 - Organizer

Right

Only CEC, National Federations, Associations and Clubs associated with these can organise official European competitions. No Federation or Club, which in some way is part of the CERS structure, may participate in any privately organised European competition, or in any competition organised in Europe by groups not belonging to the CERS.

Art. 29 - Championships

Periodicity

European and National Championships of the same sport discipline can be organised only once a year. The winners of each competition are the official holders of the title until the following competition of the same kind.

Art. 30 - CEC Approval

Approval

National Championships, competitions and criteria organised within the recognised National Federation, in which only members of those organisations can participate, do not need CEC approval.

Art. 31 - European fees



The various fees to be paid must be established during the CEC Assembly. (According to the Finance Regulations of the CERS)

Organising fee for interregional competitions of national teams

EUR 300,-

Organising fee for interregional/interclub competitions

of club teams EUR 100,-

Art. 32 - Fees payment

Currency

The official CERS currency is the Euro (€).

Bank transfer

2. If fees are directly paid to CEC using bank transfer, it must be free of charge for the CEC. If such charges subsist, they will be presented for payment to the National Federation/Organizer.

CERS - CEC Sports Rules 29/123





Art. 33 - CEC authorisation for interclub/interregional competition

Federations, associations or private bodies organising interclub/interregional competitions must have CEC authorisation by sending program ninety (90) days before its beginning. CEC will grant corresponding authorisation if all requirements (including the payment of the organising fee) have been fulfilled. CEC logo must be in all advertisements and printings of the competition.

Art. 34 - Official competition

Right

Races on road or track can be organised by all the different National Federations for all the recognised categories.

Art. 35 - Official CEC calendar



All interclub/interregional competitions must be authorised by the CEC. Confederations and Federations affiliated to CERS must send CEC the planning of their competition of the next year at least by end of November, so that the CEC may draw up the official calendar (published on the official website of the CEC).

Art. 36 - Communication about competition

Content

The communication of any competition must include the following information:

- place, program and duration;
- 2. whether the tracks are indoor or outdoor, condition of the track (CEC standard, material and dimensions), facility capacity;
- 3. deadline for entry;
- 4. entry fee for participant;
- 5. possibility of training on the racing course;
- number of Federations/clubs invited and number of judges of each country;
- 7. expenses to be met by organizers for the travel and stay of skaters and/or judges of each Federation;
- 8. specification of organizer's responsibility with regard to possible accidents;
- 9. specification of First Aid facilities and availability of the doctor in case of serious accidents;
- 10. list of awards/price money.

CERS - CEC Sports Rules 30/123





Art. 37 - Modification



Should it be necessary to postpone a competition, the organizer shall promptly notify the new date to each participant. CEC must also be informed in advance. Entries that have been already submitted remain valid unless otherwise notified.

Art. 38 - Participation

Affiliation

Only skaters being member of affiliated Federations or Confederations can participate in European/interregional competitions approved by CEC.

Art. 39 - Registration

Data

- 1. All skater registrations must contain surname, name, date of birth, nationality and gender.
- 2. **European Championship:** the participation application must be in writing and must be signed by the applying National Federation.

European Cup: the participation application must be done via the official EC web site; EC organizers receive the application data from the EC webmaster.

East European Cup: the participation application must be done via the official web site; EEC organizers receive the application data from the EC webmaster.

Art. 40 - Results & reports



National Federations, Confederations, Clubs and organizers shall send to CEC a written report about National Championships, European Cup competitions and interclub/interregional competitions organised by them.

Art. 41 - Nationality

IOC Olympic Chart).

Passport/ID

Skaters taking part in European/interregional events and competing for their National Federation must prove that they have the passport of the same country. A skater who participated in a European championship representing a country and changed his nationality or having double or more passport or nationality can't represent another country in European championship if three (3) years haven't elapsed from his last participation representing his previous country (Rule 42 of

CERS - CEC Sports Rules 31/123





Art. 42 - Gender test



Gender test

In conformity with IOC guidelines, CERS is entitled to conduct some tests on specific occasions. This would mean laboratory tests could be done if there is a suspicion that a competing skater is in the wrong category (CERS Medical Regulation).

Art. 43 - Age



All limit of age established in these rules are to be considered at December 31st of the year of the competition. There are five (5) recognised categories; Cadet, Junior B, Junior A, Senior and Master.

- 1. A Cadet skater is aged 14 (U15) or 15 (U16) at December 31st of the year of the competition.
- 2. A Junior B skater is aged 16 (U17) or 17 (U18) at December 31st of the year of the competition.
- 3. A Junior A skater is aged 18 (U19) or 19 (U20) at December 31st of the year of the competition.
- 4. Minimum age to compete in a European Championship or European Cup Competition is fourteen (14) years at December 31st of the year of the championship.
- 5. A skater can compete in Master races when he is thirty (30) or older at December 31st of the year of the competition.

The age of Master categories are:

- U40: under 40 (30 to 39 years old);
- U50: under 50 (40 to 49 years old);
- U60: under 60 (50 to 59 years old);
- U70: under 70 (60 to 69 years old);
- 070: over 70 (70 years old and more).
- 6. A Junior A skater participating/having participated at Senior European/ International Championship or Senior Continental Games shall not participate to any other Junior Championship.
- 7. A skater having participated at Master European Championship shall not participate to any other Senior Championship and vice versa.

CERS - CEC Sports Rules 32/123





Chapter 2 - Anti Doping rules

Art. 44 - Anti Doping rules



Concerning the anti-doping control, WADA and FIRS/CERS Medical Regulation will be observed.

Regulations

Chapter 3 - European Championship

Section 1 - General rules for European Championship

Art. 45 - Definition

Type of Championship There are two (2) European Speed Skating Championships (ESSC):

- 1. One (1) on track;
- 2. One (1) on road.

Art. 46 - Participation

Affiliation

1. European Championships are open to all the national teams of the Federations, which are members of CERS, who have regularly paid their fees and have given confirmation of their participation according to the terms established by CEC

Confirmation

2. The national Federation must confirm its participation thirty (30) days before the beginning of the European Championship.

Membership

3. All the skaters must be member of their national Federation and must be covered by a federal or personal insurance.

Art. 47 - Withdrawal of a Federation

Notification

 Each country that decides to withdraw after submitting an entry must notify CEC and the organising Federation of this decision no less than ten (10) days prior to the beginning of the Championships.

Fine

2. If, upon examination, the withdrawal is considered unjustified, the CEC will fine the Federation in question for the inconvenience.

CERS - CEC Sports Rules 33/123





Art. 48 - Candidature

- 1. Each National Federation interested in applying for the organisation of a European Championship must submit a written request within and not later than December 31 of the second previous year for which application is presented (example December 31, 2012 for the year 2014).
- 2. The candidature is presented with the payment of twenty (20) percent of the European Championship organising fee. Such amount will be returned in case of no assignation by CEC/CERS
- The CEC, at its own judgement, may request an official guarantee from the Sports Governing Body or by the National Olympic Committee of the applying nation.
- 4. The CEC will evaluate all applications and will submit its selection within sixty (60) days for ratification of the CERS Central Committee.
- 5. After appointing a Federation as an organizer of a European Championship, a contract will be signed by CERS/CEC and the National Federation.
- 6. All matters above dealt are detailed in the enclosed guidelines.

Art. 49 - Organising Federation responsibility

Role of National Federation

The organising Federation can delegate one of its Clubs or members to organise the Championships. Nonetheless, the appointed Federation will still be completely responsible, without exceptions, for all the organisational aspects towards CERS/CEC as well as financial ones and unexpected incident to skaters and spectators.

Art. 50 - Information to the participating countries

Information

Organizers shall inform the participating countries about category, cost and location in respect to the track and the kind of available transport as far as the stay is concerned. Such information must be given six (6) months before the beginning of the championship, so that the participating countries can decide where to stay. As far as this latter aspect is concerned, the decision is completely free.

Art. 51 - Broadcast charges

Broadcasting

1. The organising Federation must broadcast the championship and it must provide the TV signal in EBU quality standard for all the final races of the Championships to CERS/CEC that is the owner of the European TV/Video Rights, at no charge. CEC provides the TV/Video templates and specification; if the organising federation can't provide the broadcast CEC decides which provider will be chosen.

CERS - CEC Sports Rules 34/123





ADSL

2. Furthermore, the organising Federation must provide an ADSL dedicated connection for live streaming and five (5) copies of DVDs containing all TV/Video coverage of all finals in EBU quality standard to CEC, at the end of the championship.

Art. 52 - Anti-Doping charges

Controls

The organising Federation must provide and pay for the anti-doping controls. A minimum of all winners and one random for each final must be tested. The organising Federation must send to FIRS/CERS the official results of anti-doping control within and not later than one month from the end of the championship.

Art. 53 - Nomination of the Jury & Chief Referee



Constitution/ designation The constitution of the jury is done by the CEC (National federations can propose maximum 3 European/international judges in the order of their preference).

The Chief Referee is designated by the President of the CEC.

Art. 54 - Jury



Appointment

The CEC Chairman appoints by means of a written letter, sent at least ninety (90) days before the beginning of a Championship, the eight (8) European/International Judges belonging to different countries. The CEC will be responsible for the travelling expenses while organizers for the board and lodging ones. Furthermore, the president shall ask to the Organising Federation, according to the needs, other International/European/National Judges.

Art. 55 - Preparatory meeting

Meeting

A technical meeting is scheduled 24 hours before the beginning of the European Championship.

The agenda includes:

- Welcome of the CEC Chairman
- Information from the Chairman of the organising committee
- Presentation of the Chief Referee and Jury
- Presentation of the Nation Rankings
- Technical information about the European Championships (modification of schedule, heats, etc.)

CERS - CEC Sports Rules 35/123





Art. 56 - Podium

Title

1. The winner of each Championship competition is named Champion of that speciality and holds the title until the following Championship.



- 2. The CEC shall supply the jerseys for all the winning skaters (only seniors).
- The first, second and third place winners of each Championship competition receive gold, silver and bronze medals, supplied by CEC or organizers.
- 4. Skaters must wear their racing suit and their skates during the award presentations.
 - Cap and sunglasses are forbidden.
- 5. If a skater isn't present for the podium ceremony and it has to be postponed this skater loses all the points for the general rankings (individual & nation) according to Art. 70 European Ranking.

Art. 57 - Official results

Results

The last day of the European Championships, the Organising Federation must provide to all the participating federations all the results of the European Championship on an informatics support.

Section 2 - Specific rules for European Speed Skating Championship (ESSC)

Art. 58 - Composition

European Speed Skating Championships are divided as follows:

- Cadets, Juniors A & B, Seniors: men and women on track
- Juniors A, Seniors: men and women on road

Art. 59 - Frequency

The European Speed Skating Championship is organised every year in accordance with CEC/CIC and CERS/FIRS Regulations.

Art. 60 - Programming

Program

- 1. The European Speed Skating Championship is organised in accordance with CEC General Regulations and CERS rules with the following program:
 - Payment of fees and preparatory meeting

1 day

- Speed Skating (ESSC) on track

3 days

- Free-day

1 day minimum





-	Speed Skating (ESSC) on the road	2-3 days
-	Free-day (if requested by the organising federation)	1 day
_	Marathon	1 day

Splitting

2. A country having no track or road circuit may request to organise the European Speed Skating Championship on track or on the road only.

Art. 61 – Official distances for European Speed Skating Championship and Cadet Challenge

Program

1. Junior A and Senior

(the race program will be the same for men and women)

	Track	Road
Track/	300 m time-trial race	100 m sprint tournament
road	500 m sprint tournament	1 lap sprint tournament
	1.000 m sprint tournament	10.000 m points race
	10.000 m points + elimination race	20.000 m elimination race
	15.000 m elimination race	5.000 m relays
	3.000 m relays	Marathon

2. Junior B

(the race program will be the same for men and women)

Track	Road
300 m time-trial race	100 m sprint tournament
500 m sprint tournament	1 lap sprint tournament
1.000 m sprint tournament	10.000 m points race
5.000 m points race	15.000 m elimination race
10.000 m elimination race	5.000 m relays
3.000 m relays	

3. Cadet

(the race program will be the same for men and women)

Track

300 m time-trial race 500 m sprint tournament 3.000 m points race

5.000 m elimination race

CERS - CEC Sports Rules 37/123





Art. 62 - CEC Program

Official program 1.

1. The official program for the European Speed Skating Championships is in *Annex 4.3*.

Final program

2. The organizer of the European Speed Skating Championships has the possibility to present a different program but the CEC decides the final program.

Reduction

3. The race distances valid for the European Speed Skating Championships are established in *Art.* 61 – Official distances for European Speed Skating Championship. Should the need arise to reduce the number of races during the Championships, as a result of exceptional circumstances, CEC members are then to decide which races to cancel.

Loser's final

4. There will be no loser's finals at the European Speed Skating Championships.

Change of program

5. For television requests the program and the initial schedule can be changed by the CEC during the European Speed Skating Championships.

Art. 63 – Training program

Training times

1. The Organising Federation establishes the schedule of training times under the control of CEC.

Availability



2. Track and Road circuit must be available for free trainings at least three (3) days before the beginning of the European Championships.

CERS - CEC Sports Rules 38/123





Art. 64 - Inscription

- 1. For SENIOR European Speed Skating Championship, each country may enter a total of eight (8) male skaters and a total of eight (8) female skaters on both championships, track and road.
- 2. For JUNIOR A European Speed Skating Championship, each country may enter a total of eight (8) male skaters and a total of 8 female skaters on both championships, track and road.
- 3. For JUNIOR B European Speed Skating Championship, each country may enter a total of eight (8) male skaters and a total of 8 female skaters on track championships.



- 4. Three (3) or four (4), relay, skaters from each country may take part in races of the Speed Skating European Championship.
- 5. However the eight (8) skaters entered for Road Championship are entitled to take part in the Marathon.

Art. 65 - Entry form

- The Federation must fill the CEC official form before paying the fees. It will
 preregister race by race the name of the skaters participating at the Speed
 Skating European Championship. The preregistration must be send at CERS
 office fifteen (15) days before the beginning of the European Championships
 (opening ceremony).
- 2. The Federation must send the ID photo for each member of the delegation. The photo must be in colour and in JPG file.
- 3. This preregistration can be modified by the Federation's delegate. Only preregistered skaters can be changed; supplementary registration cannot be done. Modification must be done at the secretariat of the jury the day before the concerned race. The time limit to give this modification is within twenty (20) minutes of the end of races of the day. The modification must be done with the official CEC form (see folder/links in Annex 4.4). If no modification is done, preregistration will be considered as official inscription.
- 4. If the CEC accepts late inscriptions during the European Championships, the skater is allowed to race the day following the inscription.
- 5. When a registered skater is suspended (Art. 181 Automatic suspension) he cannot be replaced by a team mate.
- 6. An injured skater can be replaced by a teammate until the call of the referee for the call area. The delegate must joint a medical certification with this official form. The injured athlete will not be allowed to race until the end of the European Championship.

CERS - CEC Sports Rules 39/123





Art. 66 - Federation & Athlete participation fees



- 1. An athlete registration fee of 10,- EUR for each skater Senior and Junior A entered in the Marathon.
- 2. An athlete registration fee of 60,- EUR for each senior skater and 60,- EUR for each junior A + B skater entered on **track**.
- 3. An athlete registration fee of 60,- EUR for each senior skater and 60,- EUR for each junior A + B skater entered on **road.**

Art. 67 - European Speed Skating Championship fees



The organising Federation shall be responsible for the following fees:

- 1. Organising fee for the Senior/Junior A/Junior European Championship amounting to 9.000,- EUR paid in advance to CEC
- 2. Organising fee for the Cadet Challenge amounting to 1.500,- EUR paid in advance to CEC
- 3. Organising fee for the Masters Marathon 1.000,- EUR paid in advance to CFC.
- 4. Organising fee for the Europeans Junior A/B and Senior including Marathon amounting 9.000,- EUR paid in advance to CEC.

Art. 68 - Organising Federation charges



The organising Federation shall be responsible for the following expenses:

- payment of travel, board and lodging expenses for the Chairman, the Secretary General and five (5) CEC members (single room in minimum 3 stars hotel);
- 2. payment of board and lodging expenses for CERS Officials, up to a maximum of three (3) (single room in minimum 3 stars hotel);
- payment of board and lodging expenses for eight (8) European/ International judges appointed by the CEC Chairman (double room in minimum 3 stars hotels)
- 4. payment of board and lodging expenses for maximum three (3) National judges appointed, according to the needs, by the CEC Chairman and preferably belonging to the Federation of the organising country (double room in minimum 3 stars hotels);
- local transportation for CERS, CEC Members and Judges;
- 6. for all, board and lodging expenses will be starting from the dinner of the second day preceding the beginning until the lunch of the day following the end of the European Speed Skating Championship;
- 7. for three (3) CEC members and three (3) referees (two chief referees and jury secretary) board and lodging expenses will be starting from the dinner

CERS - CEC Sports Rules 40/123





of the 4th day preceding the beginning until the lunch of the day following the end of the European Speed Skating Championship;

- 8. Organizers must let at CEC/CERS disposal four (4) banners of 5m x 1m. Two (2) on the finish line and two (2) on the starting line of the Individual Time Trial on track, on road and on marathon;
- 9. The organising Federation must put at disposal all necessary equipment for the verification of European records (Art. 85 Starting & finish line equipment);
- 10. If the European Championship on the track and the European Championship on the road is scheduled in two different towns of the same country, the local transportation expenses for National teams, CEC Members, CERS Officials and Judges will be paid by the organising Federation;
- 11. It is the responsibility of the Organising Federation to insure the presence of translators for the official CERS language during the European Championships and the meetings.

Art. 69 – Organising Federation technical charges

Time keeping

1. Time keeping charges

The time keeping must be supplied by an automatic timekeeping based on the use of transponders and photo finish as stipulated in *Art. 89 – Automatic timekeeping*.

Ranking

2. Times and ranking information

The organizing federation is in charge to provide the corresponding electronic equipment and be able to provide the following times and information displayed on a screen board:

- a. 300 m (track) for each skater:
 - the intermediate time every 100 m and the difference with the best time;
 - the final time;
 - the intermediate ranking;
 - the composition of the final.
- b. 500 m (track) & One lap (road):
 - the ranking of each race;
 - the composition of the next round provided by the jury.
- c. 1.000 m (track)
 - the time of each lap,
 - the final time of each skater,
 - the composition of the next round provided by the jury.
- d. Points race
 - The result of each sprint (first and second skaters)

CERS - CEC Sports Rules 41/123





- The intermediate ranking with the sum of points for at least the five (5) first skaters.

Warm-up 3. Warm-up

A skating area of warming-up must be provided to the skaters. This zone is situated near the village of the skaters and possibly contains a direct and reserved access to the venue of competition (track and road circuit).



The time of warm up on the track is 6 minutes. The chief referee can reduce the time, if the weather conditions are not very well.

4. Video recording

For European Championships an official video recording must be provided by the organizer.

Art. 70 - European Ranking

Rankings calculation

- For European Speed Skating Championships the rankings per country are calculated by adding the medals. The first criteria is the number of gold medals, the second criteria is silver medal and third criteria is bronze medals. If nations have the same number of medals with one of these criteria the following one is used to rank them
- 2. For the countries without medals, the ranking is established adding the points obtained in each event, excluding Relays and Marathon. Skaters placed first in each race obtain a number of points equal to the number of skaters who took part in that race; skaters placed second obtain one point less, those placed third two points less and so on until the skater placed last who obtains only one point.
- 3. For long distance races (5 km, 10 km, 15 km and 20 km), there is no looser final. According with the total of skaters participating in the race, the unqualified skaters keep the points obtained in qualification heats.
- 4. Disqualified skaters do not receive any points.
- 5. At the end of the European Championships twelve (12) European rankings per nation are established as follows:

Track						
	Men			Ladies		
Senior Junior A Junior B		Senior	Junior A	Junior B		

Road						
	Men			Ladies		
Senior Junior A Junior B			Senior	Junior A	Junior B	

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Art. 71 - Trophies & Prices

At the end of the European Speed Skating Championship, a ranking must be prepared with awarding of trophies and/or prizes, being responsibility of organizers, as follows:

At the end of the World Speed Skating Championships the organisers award the first five (5) nations for the following four (4) rankings.

Six (6) rankings per countries established by adding all points obtained by skaters of the same country, relay and marathon excluded.

Awards to the first 5 countries in each category:

Track						
Senior	Junior A	Junior B				
Men & Ladies	Men & Ladies	Men & Ladies				

Road						
Senior	Junior A	Junior B				
Men & Ladies	Men & Ladies	Men & Ladies				

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Chapter 4 - European Cup

Art. 72 - European Cup Regulations

Series

The European Cup is an official European series of the CERS/CEC This series has its own regulations and applies the CEC technical rules.

→ See Part 3 – CEC TECHNICAL RULES / Chapter 4 – Specific rules for the European Cup (EC)

East European Cup Regulations

The East European Cup is an official European series of the CERS/CEC. This series is located in the East of Europe and will have one cross over stage with the European Cup. This series has its own regulations and applies the CEC technical rules.

→ See Part 3 – CEC TECHNICAL RULES / Chapter 4 – Specific rules for the European Cup (EC)

Chapter 5 - Interclub/Interregional Competitions

Art. 73 - Regulations for Interclub/Interregional Competitions

CEC To be defined

CERS - CEC Sports Rules 44/123





Chapter 6 - European Records

Art. 74 - Validation

CEC recognises and validates European records, set on current official European Championship distances as by program and during World/European championships or World Games.

Art. 75 - Records

Recognition

The following records are recognised:

- 1. men track races
- 2. women track races
- 3. men road circuit races
- 4. women road circuit races

Art. 76 - Requirements

Process

In order to have a record recognised, it is necessary to proceed accordingly to all the items of these CEC General Regulations and to have electronic time keeping.

Art. 77 - Documentation

Notification/ minutes

- 1. When a record is set, the organising Federation of the European Competition or Championship where the result has been obtained must notify CEC within sixty (60) days of the following.
 - a. date when the record has been set;
 - b. minutes bearing the signatures of the chief referee and the judges who attended the competition. The minutes must include the list of times achieved and must be undersigned by the official time-keeper of the competition. When the records are set on a track or on a closed circuit, this list shall specify the total times and the times achieved for each lap around the track. The minutes must indicate where the competition was held, the day and hour, the name of the skater who set the record.

Signature

- 2. With this signature, the competition chief referee certifies that all the items of the CEC official regulations have been respected and that those who sign the minutes have really acknowledged the times registered by the timekeepers with the corresponding tape or electronic recording.
- 3. Together with the minutes, it is necessary to enclose the following:
 - a. plan of the competition course, prepared by the competent technical office of the locality, indicating the course length, starting point, finishing line and the exact number of laps determining the distance;

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- b. a list of the skaters, in order of arrival, who took part in the competition during which the record was set;
- c. certificate of nationality of the skater who set the record;
- d. certification specifying that the doping control has been carried out.

Art. 78 - Publication

Information

CEC must inform all CERS member Federations about the changes made in the list of the records. This shall take place through publication on the CEC/CERS website.

CERS - CEC Sports Rules 46/123





Part 3 - CEC TECHNICAL RULES

Chapter 1 - General rules of competition

Section 1 - The race course & equipment

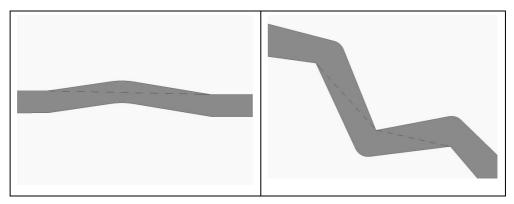
Art. 79 - Race course

Definition

1. A racecourse may be either a track or road course. A road racecourse may be either an 'open' or 'closed' circuit.

Measurement

- 2. Both on the track and on the road, the racecourse is measured on the inner edge.
- 3. On road courses with both left and right bends, measuring is to be taken along an imaginary line from the extreme ends of the bends themselves.



Method

- 4. On open road circuit, the measurement of the distance is done:
 - a. on the middle of the road when all the wide of the road can be used
 - b. on the middle of the race course when only a part of wide of the road can be used

Border

- 5. In all courses, bends are to be bordered either by a natural edge or moving signals that are highly visible. Such signals are never to be placed on the race course because they may represent a danger for skaters.
- 6. During races only judges and skaters are allowed to stay on the course.

 Only delegates and medical team can enter on the race course when they have been authorized by the Chief Referee.

Art. 80 - Safety zone

Safety zone

A safety zone must be respected at two (2) meters inside the inner edge of the race course without any obstacle which may present a danger for the skaters.

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Art. 81 - Suitability of the race course

Any decision regarding the suitability for practice of a racecourse is up to the Chief Referee before and after the start of the competition itself.

Art. 82 - Direction of the race

For track or road closed circuit competitions, skaters are placed so that their left hands are located facing the inside edge of the track or road. The direction of the race shall be counter clockwise.

Art. 83 - Starting line

Width

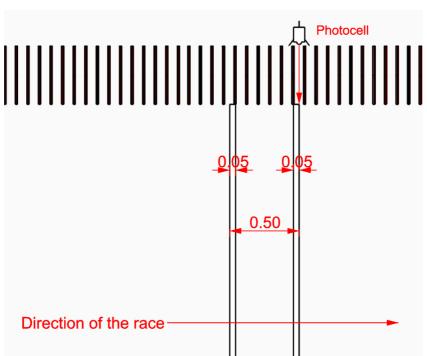
- 1. The starting line must be marked with a white line of five (5) centimetres wide; must not be on a bend.
- 2. For 100 m, the starting line determines two (2) or three (3) equal starting places (2,60 m wide).

Time trial

3. For 300 m, a second line must be drawn fifty (50) centimetres from the starting line. The photo cells are positioned on the outer edge of the white line (see drawing).

Starting places

4. For 500 m and one lap race, the starting line determines equal starting places of (one) 1 meter (on track: 1 m on 6 m wide but 0,80 m on a 5 m wide)



5. For 1.000 m sprint the second line cannot be in white.

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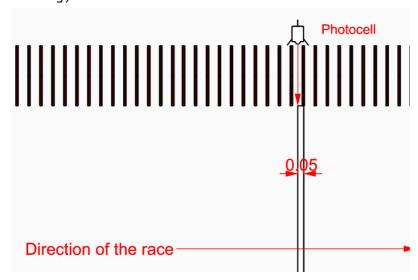




Art. 84 - Finish line

1. The finish line must be marked with a white line of five (5) centimeters wide; must not be on a bend.

The judgement is established with the outer edge of this line. The photo-finish is placed on this outer edge of the finish line (see drawing).



- 2. On road circuit the finish line must be placed after minimum sixty (60) m of a straight way.
- **....**
- 3. On track for European Championship see *Art. 109 Track for European Championships*
- 4. On open road circuit, see Art. 115 Finish line of open road circuit

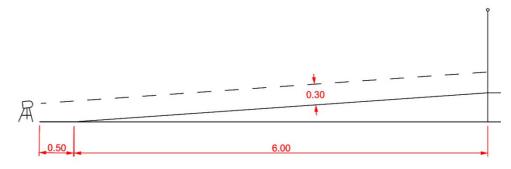
Art. 85 – Starting & finish line equipment

Photo cells

1. The photocells must be in hight from the race course

the starting line: thirty (30) cm;

the finish line: ten (10) cm



Night race 2. In case of race at night, the finishing line has to present a lighting allowing the smooth running of photo finish (minimum 1.500 lux).

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Photo finish

3. When transponders are used, the electronic photo finish must be present for the official ranking at least for the first ten skaters.

Art. 86 - Equipments

All the following equipment when they are placed inside the race course may not present any danger for the skaters. They must respect the safety zone (Art. 80)

- 1. Photocell photo-finish equipment, or video scanner and photo-electric cells
- 2. Lap scoring: a scoreboard indicating the number of laps still to be covered
- 3. A bell or any other device indicating specific laps. It's placed inside the inner edge near the lap scorer.

Art. 87 - Timekeeping

1. Three (3) methods of timekeeping exist, two (2) automatical timekeeping and manual timekeeping



- 2. Automatic timekeeping procedure has to be put in place for the European Championship and European Cup Series.
- A manual timekeeping procedure has to be put in place for all the competitions. If the automatic timekeeping is preferred, manual timekeeping procedure can be used in case of failure of the automatic timekeeping system.

Art. 88 - Manual timekeeping procedure

- 1. For manual timekeeping only digital electronic watches shall be used. All watches used must have the capacity to measure and display times with an accuracy level of at least one hundred of a second.
- 2. In order to guarantee the exact determination of times, it is necessary to observe the following:
 - a. The timekeeping jury is composed by one (1) Chief Time keeper and three(3) time keepers and one (1) substitute.
 - b. Each timekeeper should use only one watch
 - c. The timekeepers are to be positioned at the finishing line and start their watches at the moment when smoke or flash from the shot fired by the Starter becomes visible.
 - d. At the conclusion of the race, the Chief timekeeper shall read the watches. Only if one or more timekeepers have not taken the time (for any reason) the time taken by the substitute timekeeper shall be recorded.

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- e. Under the supervision of the Chief timekeeper the time of each skater will then be determined and recorded in the time keeper protocol as follows:
 - when two (2) watches show the same time and the third watch a different time, the time of the two watches will be the result,
 - when the three stop-watches indicate three different times, the average of the three times is considered valid; if one time is plus or minus 0.5 sec. from the other two, it must be excluded, and the average of the other two times will be considered valid,
 - when only two stopwatches register the time, the worse time indicated will be considered valid.
- 3. In open road races, organizers must also provide transportation for the timekeepers, in order to carry them from the starting line to the finish line.

Art. 89 - Automatic timekeeping

- 1. The term automatic timekeeping denotes a time-measuring system that is started automatically by firing of a starting-gun or crossing an optical line and records automatically the reaching of the finishing line by each skater.
- Different technologies or technical solutions may be used to establish automatic time keeping
 - a. Electronic system based on optical sensors to record the start of the skater only for the time trial race (200 & 300 m) and their finish with two (2) complete sets of photo cells installed on the starting line and on the finish line (Art. 85 Starting & finish line equipment).
 - b. A transponder based system using signals from transmitter worn by the skater to record the finish of the skater (*Art. 90 Transponders*).
 - c. A photo-finish system using photographic evidence of the finish of the skater in such a way that an undistorted image containing a time scale can be reproduced immediately after the finish.



d. For the European Championship, the times from a photo-cells system and transponder system may be displayed 'live' on the scoreboard. But if the times of the systems in use differ, the times and order of the finish of skaters or teams from the photo-finish system determine the final results.

Art. 90 - Transponders

Transponders The transponder must be placed on the skate or the ankle.



For European Championship, at least one transponder by skater is used and is placed on one skate/ankle with a fixation supplied and validated by CEC.

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Art. 91 - Time announcement

The time obtained by each skater in individual competitions must be immediately communicated after arriving at the finish.

Art. 92 - Official time

- 1. When photo cells or transponders are used, the time keeping system must be activated by the firing of the gun (excepted for the individual time trial). The official time will be the time sold between the firing of the gun and the crossing of the finishing line by the skater.
- 2. The times are considered official when the Judge has signed the timekeeping protocol. The official times may not be questioned.

Art. 93 - Video recording

- In competition under CEC control and whenever possible, it is recommended that an official video recording be used of all races on which the accuracy of performances and violation of the rules should be monitored.
- 2. The video recording is used by the Chief Referee and the Chief Referee Assistant to do the control they need if they have doubts to take or confirm a decision.
- 3. For ESSC a video judge can be used.
- 4. The video recording is only used as supporting documentation by the Chief Referee and the CEC Disciplinary Commission for the studies of claims and appeals (Art. 194 Body of first instance (claims) and Art. 198 Body of second instance (appeal).
- 5. Only the official video is used. Personal video is not accepted.

Art. 94 - Coach's area

An area reserved for the coaches must be located near the race course so that these can communicate with the skaters during the race. This area takes place in the corner before the finish straightaway, close from the beginning of the relay zone ($Art.\ 130 - Relay\ race/3$).

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Section 2 - The Skater

Art. 95 - Racing suit

- 1. The racing suit is the following:
 - for European championships and competitions all skaters of the same country must wear the same uniform with long or short sleeves, with the national colours;
 - b. the name of the nation or its official UNO abbreviation (Annex 3) must be clearly mentioned on the racing suit.
- 2. In European competitions with the participation of National teams advertisements are free. Nevertheless those advertisements must never hinder the easy identification of the official colours of the national team.
- 3. Skaters are to wear corresponding racing suits. Those who are not properly equipped are not allowed to start the competition.
- 4. Skaters must wear skates and their official racing suit during the medals presentation. Without any cap and sunglasses (*Art. 56 Podium*).

Art. 96 – Identification of the Champion

European Champions running in a distance, for which they are current champions, may wear the European Champion jersey.

Art. 97 - Helmet

The helmet must be a hard gear with international certification.

- 1. On mass start the hard headgear must have a regular shape and may not have protrusions or ends.
- 2. On time trial race the hard headgear can present a profiled shape with profiled ends.
- 3. Each skater is solely responsible that his personal equipment meets the highest safety criteria in order to obtain the utmost safety of the skater.
- 4. The helmet must be well fastened on the head in conformity with the safety instructions of the manufacturer.
- 5. A skater who removes his helmet before the end of the race shall be disqualified.

Art. 98 - Skates

 Skates having a maximum of five (5) wheels, fastened in line, or skates with two pairs of wheels fastened parallel to each other are permitted. The skate must not exceed fifty (50) centimetres in length. Skates must be firmly

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attached to the shoes and axles are not to protrude from the wheels. Brakes are forbidden.

- 2. The maximum diameter of wheel must not exceed hundred and ten (110) millimetres.
- 3. For the cadet category only 100 mm wheels (or smaller) are allowed.
- 4. For the Marathon, the maximum diameter of wheel must not exceed hundred and twenty five (125) millimeter.

Art. 99 - Race numbers

Position

Skaters are identified by means of three (3) numbers. They are applied on both hips and on the top of the back. If a fourth number is supplied, it is placed on the helmet. Numbers are to be clearly visible.



Two more numbers to be placed on both sides of the helmet are compulsory at the European Championship (Annex 5).

Art. 100 - Other equipment

- 1. Heart rate monitor and corresponding watches are allowed.
- 2. Radios and earphones are forbidden
- 3. It is not allowed to skate with plaster, synthetic plaster or any hard contention.
- 4. The judge is in power to ask to the skater to take off any item which in his judgment may present a danger for himself or the other skaters.
- 5. For Marathons and longer distance races the skater is allowed to start with a small plastic bottle of water or hydration adapted equipment.

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Section 3 - The Track

Art. 101 - The definition of the track

A Track is defined as a racecourse within an outdoor or indoor facility provided with two straightaways of the same length and with two symmetrical bends having the same radius.

Tracks for European events and European Championships must be of standard sizes and certified by the CEC/CIC (Art. 109 – Track for European Championships).

Art. 102 - The length of the track

- 1. The length of the track is two hundred (200) meters with a tolerance of \pm 2 cm. The length of the track is measured on the inner edge.
- 2. The inner edge is drawn with a white line of 5 cm. The length is measured on the inner edge of this white line.
- 3. The length of the two straightaways must represent 55 % (\pm 2 cm) of the total length of the track. The length of the bends must represent 45 % (\pm 2 cm) of the total length of the track.

Art. 103 - The width of the track

The width of the race course of the track is six (6) m (\pm 2 cm), measured from inner edge of the track to the fence.

Art. 104 - The profile of the track

- 1. For the longitudinal profile of the straight line, 33% of the straight line must be flat and they represent the middle of the straight line. A tolerance of \pm 0.5 % is admitted.
- For the transversal profile of the straight line, the flat part of the straight line may have a transversal slope of 1% max from outside edge to inner edge.

Art. 105 - The surface of the track

Material

The track surface may be made of any material, perfectly smooth and not slippery, so that it does not compromise safety of skaters.

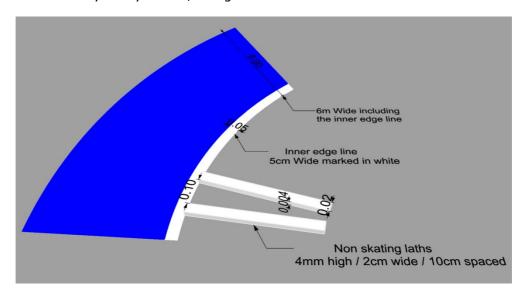
CERS - CEC Sports Rules 55/123





Art. 106 - The "no skating zone"

In the inner part of the track, a no skating zone of 50 cm, must be foreseen besides the 6 m in width (total width 6 m + 50 cm). The 50 cm no skating zone area must be provided with no slippery self-sticking stripes, spaced out transversally every 10 cm, being minimum 2 to 5 cm in width and 4 mm in height.



Art. 107 – The safety measures

- The track must be closed by polycarbonate fencing, (possibly transparent), being hundred and twenty (120) centimetres in height, having a feet safeguard panel of, twenty (20) centimetres in height and three (3) cm of wide, detached two (2) cm from the ground.
- 2. Fencing must observe safety measures to skaters, thus it must not have dangerous protuberances inside the track, and the gates must open outside. Fencing must be able to resist at the fall of a group of skaters.
- 3. A safety zone must be respected as described in *Art. 80 Safety zone*.

Art. 108 – Painting and advertising on the track

Painting and advertising are not allowed on the surface of the race course. Only finish line (Art. 84 – Finish line), starting line (Art. 83 – Starting line) and relay zone (Art. 130 – Relay race/3) can be printed on the race course.

Art. 109 - Track for European Championships



- 1. Tracks for European Championships must be built in standard size and certified by the CEC:
 - being 200 m in length;

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- 6 m in width;
- two straightaways being 57,84 m in length;
- two (2) symmetrical banked bends with an inner radius of 13,42 m and a total length of the semi circumferences of 42,16 m each.
- 2. In the inner part of the track, a no skating zone of 50 cm, of the same material of the track, must be foreseen besides the 6 m in width (total width 6 m + 50 cm), The 50 cm no skating zone area must be provided with no slippery self-sticking stripes, spaced out transversally every 10cm, being minimum 2 cm in width and 4 mm in height or to use as alternative a stripe material having the same aims.
- 3. The finish line must be at 8 m before the beginning of the bend and must be marked with a white line, 5 cm wide.
- 4. In order to obtain the CEC certification, "standard" tracks will be allowed a tolerance of 2 cm +/- in length and 2 mm +/- for the height of bends.
- 5. For further technical information please refer to the standard blueprint (www.rollersports.org).

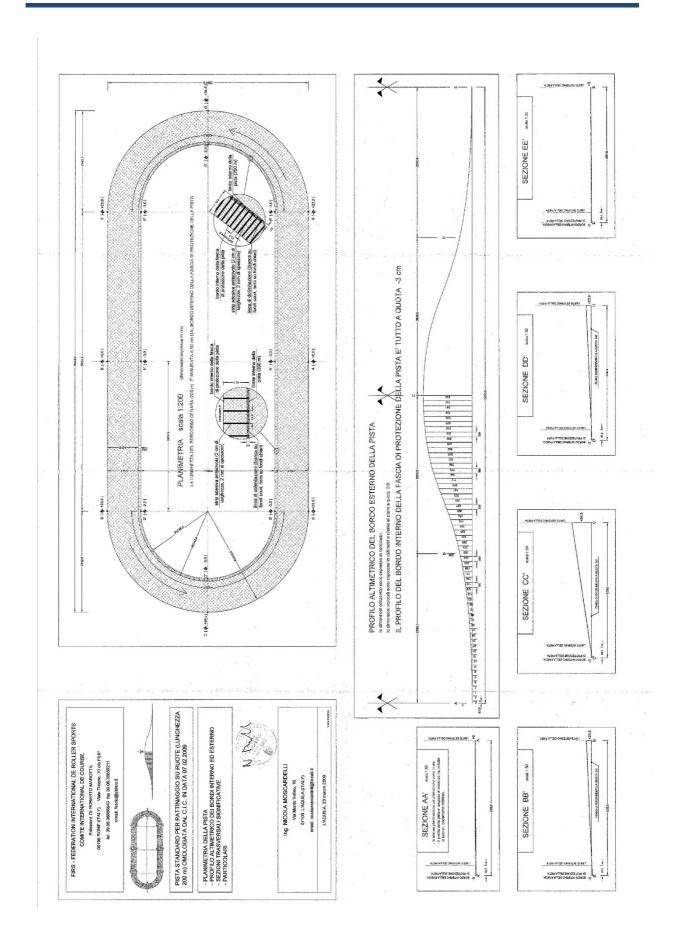
Art. 110 - The certification of the track

The CEC certifies standard track available before the European Championships.

CERS - CEC Sports Rules 57/123











Section 4 - The Road

Art. 111 - Road course

- 1. The road course cannot be less than eight (8) meters wide in any point of the course.
- 2. The road surface must be uniformly and sufficiently smooth without hollows and fissures. From the inside of the course to the outside of the course there can be no more than 5% of the width of the course fall in camber.
- Safety devices to be installed in the points which the Chief Referee may consider as dangerous.

Art. 112 - Closed road circuit race course

- 1. A closed circuit road is a road course consisting of an asymmetrical closed circuit which skaters are to cover one of more times according to the distance of the event.
- 2. A closed circuit road must not be shorter than four hundred (400) meters nor longer than six hundred (600) meters.
- 3. For the Marathon (42.195 m) a closed circuit must be at least 3 km.

Art. 113 - Open road race course

- 1. The race course is considered as open when the skaters do not have to complete several laps to cover the distance of the race.
- 2. In "open road race courses" gradients shall never exceed 5%. Exceptions to this rule shall never exceed 25% of the whole course.
- On open road circuit, if the road course presents holes or excavations, they must be filled with an appropriate material so they don't present any danger to the skaters. If irregularity of the race course cannot be repaired, they must be signalled with white paint.
- 4. For race exceeding twenty (20) kilometres a refreshment stand must be provided. It shall be placed approximately at the middle of the course.

Art. 114 - Equipment of the finish line

- 1. The external edge must be bordered by adapted equipment in order to isolate the skaters from the public. This disposal must be applied:
 - 150 m before the finish line and 100 m after the finish line with barriers
 - 300 m to 150 m before the finish line with strings or coloured bands.
- 2. If the public can be present in the inner part of the circuit this disposal must be present on the inner edge too.

CERS - CEC Sports Rules 59/123





Art. 115 - Finish line of open road circuit

On open road circuit:

- 1. a canvas stripe reading 'FINISH LINE' to be placed above the finishing line. If there are preceding finishing lines, it will be written on the ground;
- 2. a signal indicating the last 500 m of the course;
- 3. the disposal exposed (Art. 114 Equipment of the finish line) must be applied on the external and internal edges of the road;



- 4. For Roller Marathon European Championship, there must be adequate notification, announcing the proximity of the finish line (1 km, 500 m and arrival).
- 5. The finish line must be placed in such way that the skater can stop in safe conditions.

Art. 116 . Skating course

In mass start races on open circuit roads, skaters must always keep to their right and in no case can they overcome the centre of the road. Furthermore, skaters must strictly observe instructions given by the organizer.

CERS - CEC Sports Rules 60/123





Section 5 - The Distances & Types of Race

Art. 117 - Official distances of the races

Both for track and road races, official distances are the following: 100 - 300 - 500 - 1.000 - 3.000 - 5.000 - 10.000 - 15.000 - 20.000 meters.

Marathon (42,195 km) is only raced on road.

Art. 118 - Type of race

There are four kinds of race: time trial, sprint tournament, pursuit and mass start.

	Individual Race	Team Race
Time trial race	300 m	Team time trial
Sprint tournament	1 lap	
	100 m	
	500 m	
	1.000 m	
Pursuit	Individual	Team pursuit
Mass start race	Elimination	Relays
	Point	
	Elimination-point	
	Endurance	

Art. 119 - Official distances of European Championships



See Art. 61.

Art. 120 - Individual time trial

Races against time may take place either on a track or on the road. In such competitions there are a certain number of skaters who individually cover a distance while their times are taken by means of a timekeeping (electronic or manual: *Art. 87 - Timekeeping, Art. 88 - Manual timekeeping procedure and Art. 89 - Automatic timekeeping*). Their finish time determine their ranking.

Art. 121 - Team time trial

Races against time may take place either on a track or on the road. Teams
of three skaters who cover a distance while their times are taken by means
of a timekeeping.



- 2. Only one team skates and starts together on the track or on the road at one time or two (2) teams compete against each other starting from the opposite location.
- The time will be registered when the second skater crosses the finish line.

CERS - CEC Sports Rules 61/123





Art. 122 - Sprint tournament

1. A sprint tournament is organized on short distance race with a certain number of rounds to accede to the final.

Number of rounds

2. According to the number of skaters and the wide of the race course, the Chief Referee has to organize the number of rounds and the qualification system.

Choice of position

3. For all the rounds and final, the skaters are called and choose their position on the starting line according *Art.* 135 – Starting line order.

Classification

4. The skaters who do not qualify to the next round or the final will be classified according to *Art.* 149 - *Ranking*.

Art. 123 - General rules for 100 m sprint tournament

- 1. It is a race on 100 m road straight. The final is run by 2 or 3.
- 2. The qualification table is built according with the width of the race course with heats of 2 or 3 skaters.
- 3. During the first round, only best times are qualified.
- 4. The following rounds, the winners of the heat accede directly to the next round and the others skaters are qualified according the best times in the heats.
- 5. The heats are done respecting the serpentine system.

3 lines	1/4	Final	1,	/2 Final
Engaged	Heats	Qualified	Heats	Qualified
9 skaters				
10 to 12	4 × 2 2			
10 to 12	4 x 2-3			
13 to 15	5 x 2-3			
16 to 18	6 x 2-3			
19 to 21	7 x 2-3		3 x 3	3 winners
22 to 24	8 x 2-3	9 best times		In final
25 to 27	9 x 2-3			

6. If there are only two (2) lanes, the 100 m sprint tournament must be organised on two (2) days.

		First day					
	1	/16	1/8	3 Final			
Engaged	Heats Qualified		Heats	Qualified			
	X heats	16 best times	8 x 2	8 winners			

	Second Day							
1/	4 Final	1/2 Final						
Heats	Qualified	Heats	Qualified					
4 x 2	4 x 2 4 winners		2 winners for 1 & 2					
			2 loser for 3 & 4					

CERS - CEC Sports Rules 62/123





Art. 124 – General rules for 500 m & 1 lap sprint tournament

It's a sprint tournament. In each qualification heat, only the winner and the second accede to the following round. The final is run by 4 skaters.

1. Rounds composition & qualification table

	1/16 F	inals	1/8 F	inals	1/4 F	inals	1/2	inals
Engaged	Heats	Qualif.	Heats	Qualif.	Heats	Qualif.	Heats	Qualified
8 skaters							2 x 4	
9 to 10							2 x4-5	
11 to 12							2 x 5-6	
13 to 16					4 x 3-4			
17 to 20					4 x 4-5			
21 to 24					4 x 5-6			
25 to 32			8 x 3-4					4
33 to 40			8 x 4-5			8	2 x 4	
41 to 48			8 x 5-6	16	4 x 4			
49 to 64	16 x 3-4	32	8 x 4					
65 to 80	16 x 4-5	32	8 x 4					
81 to 96	16 x 5-6	32	8 x 4					
96 to 100	20 x 4-5	40	8 x 5					
100 to 120	20 x 5-6	40	8 x 5					
120 to 144	24 x 5-6	48	8 x 6					
Preliminary	/ heat must l	oe done						

2. Heats of other rounds

Heats are constituted according the results of the precedent round and using the Germany system.

First: Winner of the Heat from Heat1 to Heat 8
 Then: Second of the heat from Heat 1 to Heat 8
 SH1 to SH8

Starting line Ranking	Heat 1	Heat 2	Heat 3	Heat 4
Called in first	Winner Heat 1	WH2	WH3	WH4
Called in second	WH8	WH7	WH6	WH5
Called in third	Second Heat 1	SH2	SH3	SH4
Called in fourth	SH8	SH7	SH6	SH5

CERS - CEC Sports Rules 63/123





Art. 125 - General rules for 1.000 m sprint tournament

It's a speed tournament with a maximum of 3 rounds. Only the winners of the heat accede directly to the next round. The other skaters are qualified according the best times in the heats. The final is run by the winner of each semi finale and the best loser times, for a total of eight skaters.

1. First Round composition & qualification table

	Quarter Finals			Semi Finals			Final	
Engaged	Heats	Place	Time	Skaters	Heats	Place	Time	Skaters
				Qualified				Qualified
8 skaters								
9 to 16					2 x 4-8	1	6	
17 to 24					3 x 5-8	1	5	
25 to 32	4 x 6-8	1	12	16	2 x 8	1	6	
33 to 40	5 x 6-8	1	11	16	2 x 8	1	6	
41 to 48	6 x 6-8	1	10	16	2 x 8	1	6	
49 to 56	7 x 7-8	1	9	16	2 x 8	1	6	8
57 to 64	8 x 7-8	1	8	16	2 x 8	1	6	
65 to 72	9 x 7-8	1	15	24	3 x 8	1	5	
73 to 80	10 x 7-8	1	14	24	3 x 8	1	5	
81 to 88	11 x7-8	1	13	24	3 x 8	1	5	
89 to 96	12 x 7-8	1	12	24	3 x 8	1	5	
97 to 104	13 x 7-8	1	11	24	3 x 8	1	5	
105 - 112	14 x 7-8	1	10	24	3 x 8	1	5	

2. Heats of other rounds

Heats are constituted according to the results of the precedent round and the same serpentine system.

- First: ranking according to the best time of the winner (**W**inner **T**ime) WT1, WT2, ...
- Then: ranking according to the time of the Qualified Time QT1, QT2, ...

Starting line	Heat 1	Heat 2	Heat 3	
Ranking				
Called in first	Winner Time1	WT2	WT3	
Called in second	WT6	WT5	WT4	
Called in third	WT7	WT8	Qualified Time 1	
Called in fourth	QT4	QT3	QT2	

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Art. 126 - Mass start distance race

Such races can be carried out both on the track or on the road. In these races an unlimited number of skaters can participate at the same time. When the number of registered skaters is too high in relation of the size of the track or the road, qualification heats may take place, followed by a final event.

Art. 127 - Elimination race

This competition is carried out through direct elimination of one or more skaters on one or more fixed points of the course. The Chief Referee communicates the elimination rules before starting of the competition.

- 1. One lap before each sprint, at the passing of the finish line by the lead skater, the bell will sound.
- 2. The determination of who is the last skater is based on the last point of the last skate to cross the finish line (Art. 148 Judgement on the finish line in the different types of competition (race)).
- 3. Whenever a skater leaves the race in which the heat or the final is taking place, be it because of a fall or fatigue, this retirement will count as the corresponding elimination.
- 4. If during an elimination sprint a skater violates any rule, the Chief Referee may eliminate him in replacement for the skater who crossed the finish line last.
- 5. In case of massive fall with the simultaneous retirement of a group of skaters, the elimination is suspended during some laps. The official speaker announces which lap the elimination will restart.



- 6. The skater eliminated is announced by the official speaker. The speaker announces the number and the name of the skater in the official and local languages; English first and then the local language.
- 7. On the opposite line of the finish line, a judge shows the number of the eliminated skater on a board (manual or electronic).
- 8. If the skater doesn't leave the track after the third announcement, he will be disqualified of the race.

Art. 128 - Point race

This race awards a score for each skater after each fixed point of the course. At the completion of the last lap a greater score will be awarded. The skater totalling the highest number of points wins the race.

 One lap before each sprint, as the lead skater crosses the finish line, the bell will sound.

CERS - CEC Sports Rules 65/123





- 2. If in the opinion of the Chief Referee a skater commits a fault on any point sprint, the Chief Referee may change the order of the arrival and the assignment of points.
- 3. The announcer will inform in an unofficial manner, the number of the skaters who obtain points in each sprint. The official classification will only be announced after viewing the photo finish or video scanner.
- 4. If a skater does not finish the race, that skater will lose the points earned for this race.
- 5. If there is a tie in points among two or more skaters, it will be decided by who was the first of them at the finish line in the last lap.

Art. 129 - Point-Elimination race

This race is a combination of the elimination and points races. It consists in eliminating the last skater or the last skaters and in assigning points to the first two skaters at certain laps. The winner of this race will be the one who, having run the whole course, has accumulated the greatest score.

- 1. Elimination: see Art. 127 Elimination race and Art. 148 Judgement on the finish line in the different types of competition (race)
- 2. Points: see Art. 128 Point race and Art. 148 Judgement on the finish line in the different types of competition (race)
- 3. The bell will ring to indicate there is a sprint for points next lap. The race starts by a sprint for the points and elimination next lap.
- 4. The skater who is eliminated will lose the points obtained up to that moment.
- If final or qualification heats must be done but with an insufficient number of skaters to realize all the elimination, the number of elimination is adapted by deleting the first eliminations. The number of attribution of points does not change.

Art. 130 - Relay race

- 1. The organisation of the team
 - a. skaters of a team should wear identical racing suit. In case the racing suits of two teams are sufficiently similar, the Chief Referee can order the modification of one of them by draw;
 - b. teams must be composed of three (3) skaters;
 - c. if a skater commits a disqualifying act, the whole team is disqualified;
 - d. each team is free to decide after how many laps to relay;
 - e. During the relay the skaters are not allowed to exit of the race course. At the end of the race, when the relay-runner has finished his race, then he is allowed to enter in the middle of the track or exit of the race course (road) under the direction of the jury.

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2. The relay

- a. the relay will be completed by pushing with both hands from the arriving skater on the back of the starting skater;
- b. touch and pull relay is not permitted and it is sanctioned by the disqualification of the team;
- c. the last relay will be made prior to the start of the last lap;
- d. the Chief Referee will advise how the skaters who are relayed should return and the path they must use, done in such a way that it does not interfere with development of the race.

3. The relay zone

- a. the relay zone will be assigned on the straightaway that contains the finishing line and a waiting zone is also assigned for the relaying skaters; the relay zone may be extended further than the arrival line as far as the end of the straight line;
- b. on track, the relay zone starts in the middle of the corner and finishes at the end of the finish straightaway;
- c. the lines signalling the relay zone must be marked with a white line, two(2) centimetres wide;
- d. the relay must start and be completed inside the relay zone. If not, the team is disqualified;
- e. in the case a relaying skater enters the relay zone but is not relayed by the team mate, the team is disqualified;
- f. the skater is considered as entered in the relay zone when the last part of his second skate has totally passed the first line signalling the beginning of the relay zone;
- g. the skater is considered as taken out the relay zone when the first part of his first skate crosses the line signalling the end of the relay zone.

Art. 131 - Endurance race

Such races may take place both on the track and on the road. For these races a time limit is fixed and skaters are ranked according to the order they achieved at the expiration of the time allowed, taking into account the course already covered.

Art. 132 - Pursuit race

This competition is carried out both on track and closed road circuits in the form of preliminary heats by two skaters or by two teams that start from two points equidistant from each other and that covers a fixed distance. When a skater or team passes the opponent, the preliminary heat is over. Teams shall be composed of three or four skaters. As far as pursuit races by teams are concerned, the penultimate skater is the one who establishes the ranking or the elimination.

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Art. 133 – Stage race

- Stage races can take place only on a regular road course. They are a combination of middle distance, long-distance, and against-time races, combined and arranged together according to specific regulations. The final ranking results from the total of the different times or points obtained by each skater after covering the fixed distances, which are called 'stages'.
- 2. For each stage some bonus, such as point or time allowance, can be granted to the skater or skaters according to their placements. This bonus must be included in the program.
- 3. If several skaters get the same time, the final ranking is to be made according to the best result attained for each stage.
- 4. The competition can take place on one day or on several consecutive days according to the number and length of the stages. Some rest days may be included.

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Section 6 - The Race

Art. 134 - Area of call

- The skater must be present at the area of call when they are called by the
 official speaker of the competition or fifteen minutes (15) before the start of
 the race. If a skater does not answer the starting judge after being called
 twice, at one-minute interval from each other, he is marked as *Did Not Start*(DNS). This skater is not ranked.
- 2. The skater must present with his complete equipment and his race numbers correctly positioned.
- 3. The judge in charge has to control the presence of the skater and to confirm him his place on the starting line. The judge checks the conformity of the race equipment, race numbers, transponder(s) and size of the wheels according *Art. 98 Skates*.

Art. 135 – Starting line order

The starting rank is determined by:



- 1. The draw of the country at the preparatory meeting or the draw of the jury when there is no preparatory meeting.
- 100 m Road and 300 m Individual Time Trial final: starting is in inverse order, from the worst time to the best one (Art. 205 – ESSC: Road 100 m sprint

The heats will be made up according to the ranking of the nations of th ESSC (**Fehler! Verweisquelle konnte nicht gefunden werden.**). ranking and the serpentine system.

Nations Ranking N-1	Skaters
1. Italy	2
2. Spain	2
Germany	1
4. Belgium	2
5. France	2
6. Netherlands	1
7. Poland	1
8. Denmark	1
9. Portugal	2
10. Hungary	2

Starting line Order	Heat 1	Heat 2	Heat 3	Heat 4	Heat 5	Heat 6
Called first	Italy	Italy	Spain	Spain	Germany	Belgium
Called second	Portugal	Portugal	Denmark	Poland	Netherlands	France
Called third	Hungary	Hungary				

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- 3. Art. 206 ESSC: Track 300 m time trial).
- 4. The results of the rounds

In sprint tournament, the heats are composed according the result of the precedent round. The winners of the precedent round are head of heat and they are in first position in the starting line ranking.

5. The results of the qualification heats
After qualification heats, the winners of the qualification heats are in first position in the starting line ranking, the seconds in second, and so on.

Art. 136 - Starting order

- For Sprint tournament (100 m, 500 m & 1.000 m) the skaters are called one by one on the starting line by the starter judge respecting the starting line ranking (Art. 135 – Starting line order). The skater chooses a place vacant on the starting line. His choice is definitive.
- 2. For long distance race, the skaters are called one by one on the starting line by the starter judge respecting the starting line order (Art. 135 Starting line order) and they are placed successively from the inner edge to the external edge. The number of row is determined by the judge starter according with the wide of the race course and a place of 0.50m wide must be allowed to each skater.
- 3. Call to the starting line.

If there isn't any area of call (Art. 134 – Area of call), and the skater does not answer the starting judge after being called twice, at one-minute interval from each other, he is marked as *Do Not Start* (DNS). This skater is not ranked.

Art. 137 – Time trial starting conditions

For time trial races, the start will be as follows:

- 1. The skater must have at least one skate on the race court within the two lines (50 cm).
- 2. During the initiation of the start the skate cannot leave the race court. The skate can roll but isn't allowed to cut out the backward line. The oscillation of skater's body is allowed.



- 3. The starter authorises the skater to go. The skater has fifteen (15) seconds to initiate the race (skate or skates within the two lines) and if he does not do, a false start will be declared and the skater receives one (1) warning;
- 4. On the referee's order the start may be repeated when the skater does not respect point 2 of this article and moves his skate before the start. A false start will be declared and the skater is sanctioned by one (1) warning;

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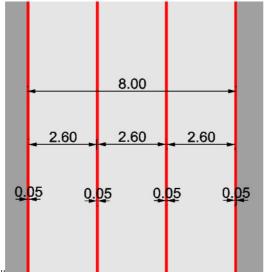
- 5. If the starter judge notices a dysfunction of the automatic timekeeping during the race of a skater, this skater will resume the start in last position. In every case, a minimum of ten (10) minutes of rest is observed.
- 6. For team time trial the start will be with all the 3 skaters and starter will say "attention" and fire the gun.

Art. 138 - Speed tournament starting conditions (100 m, 500 m and 1.000 m)

- 1. If there are less than 6 skaters the first box near the inner edge is vacant.
- 2. When all the skaters have been called, the starter judge gives them the authorization to take place on the starting line by saying "in position". The skaters have five (5) seconds to take their starting position immobile. When all the skaters are immobile and after a short delay the starter judge fires the gun.
- 3. If a skater has any problem after the first signal "in position", he has the right to signal this problem to the starter judge by lifting a hand. This possibility is allowed only one time for each skater. In this case, the starter stops the starting procedure and asks all the skaters to leave the starting zone and then he resumes the starting procedure.
- 4. On the referee's order the start may be repeated when:
 - a. if there is an involuntary obstruction between two or more skaters which provokes a fall;
 - b. a fault occurs at the start (rounds, semi-finals and finals) that may influence the outcome of the race in the opinion of the starting judge or the Chief Referee.

Art. 139 - Specific rules for 100 m sprint tournament

1. Three (3) lanes of two point sixty (2,60) meters are drawn with white lines of five (5) cm. The race's condition must be identical in every lane, if it does not happen only two (2) lanes could be drawn on 8 m wide road.



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2. Skater must skate in his lane. Skater who touches a white line is judged as get out his lane (technical fault) and he is disqualified DSQ-TF.

Art. 140 - Mass start starting condition

- The starting signal is given when the skaters are standing behind the starting line at 50 cm from each other.
- 2. The rows of skaters are to be approximately 50 cm from each other. Skaters are to stand behind the starting line. The starter gives the start through two signals. He first says "attention" and then he fires a shot.
- 3. On the referee's order the start may be repeated when the falling down of one skater causes the falling of several others, within 200 m (1 lap on track) from the starting line.

Art. 141 - Neutralisation of the race

When a small part of the race course is unsuitable consequently of minor external problem, fall of a skater or small group of skaters or minor injury of a skater the Chief Referee can neutralise the race.

The neutralisation is signalled to the skaters by:

- All the race referees go inside the race course at one (1) meter from the inner edge and shake a blue flag. At this time, the skaters must lay down their speed and keep their position in the pack. It is allowed to the distanced skaters to join the pack and they must stay at the end of the pack.
- 2. The lap score is neutralised. In case of Elimination or Point race, elimination and assignation of points are neutralised, the official speaker announces "No elimination" or "No points";
- 3. The judges have to come on the race course and take position to protect and signal the unsuitable area or the injured skater(s);
- 4. The race restarts when the Chief Referee asks to the jury to return inside the race course.
- 5. In case of neutralisation of the race due to a fall of skater(s), the fallen skater(s) cannot continue the race when the race restarts.
- 6. No neutralisation is allowed in the last 1.000 m.
- 7. Neutralisation cannot be longer than four (4) minutes.
- 8. Only two (2) neutralisations by race are allowed. If a third incident happens, the race must be stopped (Art. 142 Stop of the race).

Art. 142 - Stop of the race

The Chief Referee can stop the race in the following case:

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- When the ground or weather conditions hinder the normal performance of a race or the continuation of the same, the chief referee can stop the race and the competition for a given period of time;
- 2. The fall of an important group of skaters;
- 3. A serious injury of one of the skaters which needs the intervention of first aid or the evacuation of one skater at least;

Art. 143 – Resuming the race





- When there is a stop of the race for reason exposed (Art. 142 Stop of the race), it is the responsibility of the Chief Referee to decide about the official program by informing the skaters and the organizer of the competition. For the European Championship, it's the responsibility of the race director and the CEC to decide and inform the jury, the skaters and the organizer.
- If a time trial race (individual or team) or race with ranking/qualification by time is stopped, all the skaters registred or qualified (round or final), shall participate again.
- If a long distance race is stopped in the first half $(1^{st}/2)$ of the race, and if the restart can be planned before fifteen (15) minutes after the stop, the race restarts with the same situation as the moment of the stop:
 - a. only the skaters who were competing at the moment of the stop shall participate again;
 - b. with the number of laps remaining to run;
 - c. without any modification of assignation of points (points race) or elimination;
 - d. if a skater (or group of skaters) leads the race with an advance or breakaway this advantage is restored to him (them). The pack starts on the starting line;
 - e. the number of points obtained in the first part of the race are conserved by the skaters.

Art. 144 - Restarting the race

- If the race is stopped in the last half (2nd/2) or if the race is stopped (Art. 143 - Resuming the race/3) without the possibility to rerace before fifteen (15) minutes, the race must be postponed and reraced totally with all the skaters who took the initial start.
- 2. Disqualified skaters during the initial race cannot restart.

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Art. 145 - Cancellation of a race

1. The cancellation of a race is under the responsibility of the Chief Referee with the agreement of the organizer.



2. For the European Championship, the cancellation of a race is decided by the CEC (Art. 62 – CEC Program).

Art. 146 - The bell

Under the responsibility of the lap scorer judge (Art. 165) the bell announces:

- 1. The last lap in every race (except for the Individual Time Trial 300 m).
- 2. The bell rings only for the first skater. When a skater/skaters is/are escaped, the bell rings for this/these skater(s) and for the first following pack.
- 3. In the Elimination race, the bell announces the next elimination (Art. 127 Elimination race/1).
- 4. In the Point race, the bell announces the next assignation of points.
- In Point and Elimination race, the bell announces the next assignation of points. No bell for eliminations.

Art. 147 - Lap scorer

- 1. The lap scorer shows the number of laps to be covered.
- 2. The lap scorer changes when the first skater is around one hundred (100) meters to the finish line.
- 3. The lap scorer stops when the race is neutralised.

Art. 148 – Judgement on the finish line in the different types of competition (race)

- In mass start (elimination, point, relay and so on), qualification heats, team
 time trial and races against time, the ranking position of the skaters is
 determined according to the time at which the point of the first wheel of the
 first skate crosses at the finish line.
- 2. At the finish line, the leading skate must be in contact with the ground. If the first skate is not in contact with the ground then the leading point of the first wheel of the second skate decides the placement.
- If, in case of fall on the finish line, a skater crosses the finish line without any skate on the ground, the first part of the first wheel of the second skate decides the placement.

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- 4. In the elimination race, the elimination will be established on the last part of the last skate crossing the finish line (in contact or not with the ground).
- 5. For the team pursuit race of three (3) athletes the finish is judged on the second skater (Art. 132 Pursuit race).
- 6. In endurance races, the finish line is represented by the exact point where the skater is at the expiration of the fixed time.

Art. 149 - Ranking

- 1. According to the type of race, the ranking is established as follows:
 - a. the best times in time trial race;
 - b. placement on the finish line for the elimination race;
 - c. sum of points in point and point-elimination races;
- In case of rounds or qualification heats, unqualified skaters are ranked according to:
 - a. in 100 m Sprint tournament,
 - the round which they are unqualified (series, guarters and semi-final
 - their times (second criteria) obtained in this round;
 - b. in 500 m Speed tournament,
 - the round which they are unqualified (series, quarters and semi-finals)
 - their place (first criteria) and their times (second criteria) obtained in this round;

(Example: after the 2 semi finals of 500 m, the two third skaters are classified 5^{th} and 6^{th} ; the best time is 5^{th} .)

- c. in 1.000 m Speed tournament,
 - the round which they are unqualified (quarters and semi-finals)
 - their times obtained in this round;
- d. in sprint tournament only the skaters who race the finale can access to the podium. In case of disqualifications during the finale, the podium can be uncompleted and done with only 2 or 1 skater.
- 3. in Elimination race: their ranking in the heats;
- in Point race: their points;
- 5. the time registered by each one of them.

Art. 150 – Placement of lapped skaters by the pack

- In mass start races on track or on closed road-circuit, the skaters who have been lapped by the pack or who are about to be lapped, and who may hinder the competition, may be kept out. Skaters who have been lapped and kept out will be placed in the inverse order they left the race.
- 2. This rule is not applied if a skater or small group of skaters leads the race and lapped the pack.

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Art. 151 - Disqualified skater

When a skater is disqualified for sport fault, he isn't ranked and his place is taken by the following skater.

Art. 152 - Withdrawn skater (DNF - Did Not Finish)

- 1. Skater, who decides to abandon the race for any reason or for falling down, is ranked according to his placement.
- Skaters who withdraw from the race should go to the finishing line and inform a member of the Jury, so that they will be ranked according to their position.

Art. 153 – Ex-aequo placement in mass start competitions

- In mass start competitions, when a group of skaters crosses the finish line all together, and thus it is not possible to determine their exact finishing order, all of these skaters involved will be awarded the same placement position and will be listed in alphabetical order.
- 2. In case of collective fall, all the skaters concerned by this fall are classed exacquo and listed in alphabetic order.
- The skaters disqualified for technical fault (DSQ-TF) (Art. 180 -Disqualification) in the same round (100 m, One lap, 500 m & 1 000 m) are ranked ex-aequo.

Art. 154 - Tie break trials and races against time

In order to determine the first-placed skater in races against time, when two or more skaters obtain the same time, the trial shall be repeated in order to establish the placement order.

Art. 155 - Maximum time in road races

Maximum time in road races is computed by increasing by 25% the time obtained by the first skater.

Art. 156 - Competition ratification

 Competition results become official only after their ratification by the Chief Referee and their publication in the official communication.

CERS - CEC Sports Rules 76/123







2. For European Championship the results become official only after their ratification by a CEC Member and their publication in the official communication.

CERS - CEC Sports Rules 77/123





Section 7 - The Jury

Art. 157 - The Jury

- Each competition is directed by a Chief Referee and Judges. The Chief Referee is responsible for judges and for the proper conduct of the competitions. The Chief Referee vouches directly for his own actions to CEC On the occasion of the European competitions, CEC itself appoints the Chief Referee by selecting him among the regularly registered European/International Judges.
- 2. For international competitions the following judges are required:
 - a. one chief referee;
 - b. one judge secretary;
 - c. a different number of judges according to the importance of the competition and type of course;
 - d. a different number of technicians according to the electronic time keeping system.



- 3. For the European Championship competitions, the minimum number of judges shall be:
 - a. one (1) chief referee;
 - b. one (1) or two (2) auxiliary chief referee;
 - c. one (1) chief referee secretary;
 - d. a team of judges
 - e. a different number of technicians according to the electronic time keeping system

Art. 158 - Uniform of judges

In European competitions, the uniform of judges consists mandatory of white jersey, white trousers (trousers or skirt for women), white socks, white shoes and white cap. In addition, the FIRS/CERS badge on the left part of the jersey. Nothing else is allowed.

Art. 159 - Tasks of the Chief Referee

 Besides the specific tasks provided in the various articles of these general regulations, the Chief Referee is in charge of the technical and judgement of the competition.

Therefore, he shall:

- a. guarantee that all skaters enforce the regulations and decide about any technical problems that might arise during a competition, even when not covered in these regulations;
- b. assign to each member of the Jury his particular task;
- c. direct the work of the judges, co-ordinate, control and decide in case of discrepancy. He shall also prepare a report on the work of the jury and submit it to CEC;

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- d. exert his disciplinary power towards skaters, coaches and Federation/club delegates, when their behaviour on the course site requires the adoption of sanctions, provided in these regulations;
- e. direct the repetition of any trial, when in his opinion any of them has been carried out in an irregular way
- f. sign minutes of the competition, drawn up by the secretary, and forward them to CEC together with the reports of other possible events that might occur during the competition;
- g. check that the judges are in the right place and that timekeepers are ready before ordering the starter to give the starting signal;
- h. in case of immediate disqualification, check that it is announced and that the disqualified skater immediately leaves the-race course;
- i. immediately disqualify those skaters who do not comply with judges warnings;
- j. warn the skaters who have been reprimanded by the judges for sports faults;
- k. remove or replace those judges who, in his opinion, do not completely carry out their duties.
- 2. He shall decide in the first instance on the claims, about the order of arrival, submitted by the Federations/clubs/teams of the skaters participating in the competitions.

Art. 160 - The Jury Secretary

The Jury Secretary has the task to co-operate with the Chief Referee, particularly in regard to the settlement of the preliminary heats, in the preparation of individual rankings and rankings by nations, and in the drawing up of the competitions minutes that will later be submitted to the Chief Referee and signed by him.

Art. 161 – The area for call judge (meeting point)

The tasks of the call/starting judge are the following:

- before the beginning of each race he should gather the skaters and give them the last directions. Checking their uniform and competition number, transponders, skates and size of wheels;
- he gives to the skaters the composition of the starting line;
- 3. under the order of the chief referee, he permits to the skaters to accede to the race course;
- 4. before the beginning of each event, to check that every skater is supplied with his racing suite and competition number;
- 5. to announce to the skaters when they must be at the start of the contest for which they have been entered, and to make sure that no one may have access to the track where the competition takes place before the Chief Referee has given his authorisation.

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Art. 162 - The starting judge

The tasks of the starting judge are the following:

- 1. he checks that all the skates of all skaters are behind the starting line;
- 2. After the Chief Referee's consent, he gives the starting signal as stipulated (Art. 136 Starting order to Art. 140 Mass start starting).
- 3. he signals the false starts and calls back the skaters as stipulated (Art. 169 False start).

Art. 163 - Course judges

- a. The tasks of the course judges are the following:
 - a. to supervise the progress of the event for the portion of which they are responsible;
 - b. to immediately inform the Chief Referee about any irregularities which took place during the race and they give warning to the skater(s) who commits sports faults (Art. 167 Definition of the faults);
 - c. to take note of lapped skaters, and of those skaters who withdrew and inform the Chief Referee.
- b. According to their respective positions along the track, course judges are called in the following ways: straight judges, corner judges, relay judges, auxiliary judges.

Art. 164 - Finish judges

- 1. The task of the finish judges is to exactly establish the order of arrival of skaters
- 2. In mass start distance races, the number of judges shall be established according to the requirements. The Chief Referee shall assign specific tasks to each judge.
- 3. Finish judges must be a minimum of three. According to the requirements, such a number can be increased but shall always be an odd number. In case of discrepancies, majority will make the decision.
- 4. In any case, when photo finish or video scanner is used, the photo finish or video scanner results are final.

Art. 165 - Lap scorer judge

- 1. The lap scorer judge shall:
 - a. take note of the number of laps covered;
 - b. signal the laps still to be covered using the counting device at his disposal;
 - c. signal the leading skater;
 - d. cross a lap, when covered by the pack (Art. 147 Lap scorer);
 - e. provide that the last lap to be covered is signalled by means of a bell.
- 2. In case of long-lasting competitions, organizers must agree with the judge the method of determination of times to be adopted.

CERS - CEC Sports Rules 80/123





Art. 166 - Official speaker

- 1. The announcements are done in the official CEC language (English) and can be done in the language of the organizing country.
- 2. The Speaker shall inform the public of the names and numbers of the skaters taking part in each race, and all relevant information such as the composition of the heats and punctuation.
- 3. The result of each race should be announced at the earliest possible moment after receiving the official result.
- 4. In conjunction with the general direction of the Organisation and President of CEC, the Speaker is responsible for all matters of announcing protocol.

CERS - CEC Sports Rules 81/123





Section 8 - The Judgement

Art. 167 – Definition of the faults

- 1. Three (3) kinds of faults are to be considered:
 - technical faults (Art. 168 Technical faults);
 - sport faults (Art. 172 Sport faults);
 - disciplinary faults (Art. 184 Disciplinary faults).
- 2. In any case, the Chief Referee can estimate that a sport fault presents a very negative attitude and qualify it as a disciplinary fault (Art. 185 Fair play).

Art. 168 - Technical faults

The infringements of rules presented from *Art. 169 – False start* to *Art. 171 – Wrong relay* are considered as technical faults.

Art. 169 - False start

- 1. General rules
 - a. The skater or a team (relay) who commits two (2) false starts in the same race (heats and final), is disqualified.
 - b. When one skater causes a false start, thereby causing the other skater to follow, only this skater shall be given one (1) warning for false start.
 - c. In any race, in case of a false start, the judge shall call back skaters to the starting line (with one or two gunshots or two blows of whistle). skaters must resume their positions and the start is repeated.
 - d. The Starting judge signals the false start to the skater by showing a yellow card. He shows a red card to signal the disqualification after a second false start.
- 2. 300 m
 - a. A false start is signalled when the skater crosses the backward line;
 - b. Only one (1) false start is permitted in qualification heat and one (1) false start in final.
- 3. 100 m, one lap sprint, 500 m & 1000 m
 - a. A false start is signalled when a skater moves or starts before the gun signal is given. The start is cancelled and the skater involved is sanctioned by one (1) false start;
 - b. For a skater, only one false start is allowed in a sprint tournament (1/16, 1/8, 1/4, 1/2, and final).

Example: If a skater commits a false start in $\frac{1}{2}$ final, he is disqualified for technical fault.

4. Mass start races

A false start is sanctioned by a warning.

CERS - CEC Sports Rules 82/123





Art. 170 – Exit of the skating course

- 1. Skaters are not allowed to touch with one (1) roller skate the ground outside the line delineating the course. Skaters violating voluntarily this rule will be disqualified (DSQ-TF). The judges take the decision when this fault is committed during a massive fall of skaters or to avoid a fall.
- 2. For the time trial race the exit of the skating course is sanctioned with the disqualification of the skater (DSQ-TF).
- 3. For 100 m sprint tournament, the lane between the two (2) white lines constitutes the race course. Touching the line is considered as exit of the race course and the skater who commits this fault is disqualified (DSQ-TF).

Art. 171 - Wrong relay

- 1. Touch or pull relay is not permitted and it is sanctioned by the disqualification of the team (DSQ-TF).
- 2. The relay must start and be completed inside the relay zone (Art. 130 Relay race). If not, the team is disqualified (DSQ-TF).

Art. 172 - Sport faults

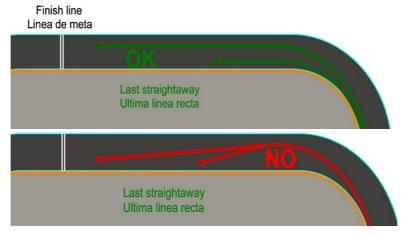
The infringements of rules presented from *Art. 173 - Trajectory* to *Art. 176 - No respect of the jury instruction* are considered as sport faults. They are evaluated by the judges and notified to the skaters by the Chief Referee. The skater who commits a sport fault is sanctioned by the Chief Referee (*Art. 177 - Sanctions*).

Art. 173 - Trajectory

1. Skaters are to reach the finish line along the shortest imaginary line.



2. For the last straight, only the right trajectories are allowed.



CERS - CEC Sports Rules 83/123





Art. 174 - Obstruction

1. The skater leading the race shall not obstruct the runner-up and must continue in a straight path without loops or lateral deviations.



- 2. In no case can skaters push other skaters or cut in front of them. It is also forbidden to let oneself be taken in tow, to push, obstruct or help any skater.
- 3. In no case, shall the passing of other skaters cause difficulty to other skaters (passage in force/entry in force into the pack).
- 4. In track or road closed circuit competitions, skaters who are lapped/passed shall not obstruct such pass or help another skater.

Art. 175 - Assistance to skaters

- 1. Skaters are strictly forbidden to accept any sort of help.
- In case of fall, skaters who are still able to continue the race must stand up without any help from a third party. Otherwise, they shall be disqualified of the race.
- 3. The skater can receive advice or information from the trainers or coaches.
- 4. During marathon or longer distance races, a skater is allowed to give water or food to a teammate.

Art. 176 – No respect of the jury instruction

If the skater doesn't respect the instruction of a judge/chief referee or the announcement of the official announcer, he is sanctioned.

Art. 177 - Sanctions

Sanctions that can be adopted by the Chief Referee during the competition, towards skaters responsible of violations to the jury instructions or the principles of sport ethics, are the following:

Abbreviation of sanctions

- 1. Warnings (W);
- 2. Reduction in Rank in the order of arrival (RR);
- 3. Disqualification from the race (DSQ);
- 4. Suspension.

CERS - CEC Sports Rules 84/123





Art. 178 - Warning (W)

- 1. Warnings may be given to sanction sport faults, in addition to those cases that are expressly included in CEC General Regulations (Art. 167 Definition of the faults to Art. 176 No respect of the jury instruction).
- 2. Any judge in charge of the progress of the race, who shall immediately inform the Chief Referee, can give warnings; Chief Referee only must communicate the warnings to the official speaker.
- 3. Warnings are cumulated: heat and final.
- 4. Warnings does not exist for sprint tournament (Art. 183).

Art. 179 - Reduction in rank (RR)

During a race, when a skater commits a fault towards one or several opponents, he may be reduced in rank according to the decision of the Chief Referee.

During Elimination race, the skater who commits a fault is reduced in rank (Art. 127 – Elimination race/4).

During Point race, the skater who commits a fault is reduced in rank (Art. 128 – Point race/2).

Art. 180 - Disqualification

Disqualification measures are decided by the chief referee and may be applied:

- 1. Disqualification for technical fault (DSQ-TF):
 - a. When a skater commits two (2) consecutive false starts (300 m);
 - b. when a skater commits two (2) false starts in a sprint tournament (100 m / 1 lap / 500 m/1.000 m);
 - c. when a skater commits a wrong relay (pull or touch relay, relay out of the relay zone, enter in relay zone without relay) all the team is disqualified (Art. 130 Relay race)
 - d. During 100 m sprint, if the skater exits of his lane, he is disqualified.
- 2. Disqualification for sport fault:
 - a. when a skater commits one (1) fault considered as voluntary or dangerous;
 - b. when a skater receives three (3) warnings in a race, (cumulated in qualification heat & final);
 - c. when a skater benefices of assistance;
 - d. when a skater removes his helmet before the end of the race (Art. 97 Helmet);
 - e. when a skater gets out voluntarily of the race course;
 - f. when a skater doesn't respect technical rules (size of wheels, radio, etc.).

CERS - CEC Sports Rules 85/123





Art. 181 - Automatic suspension

- 1. When a skater is disqualified for sport faults, he is automatically suspended for the next race which he is registered.
- For European Championships, the preregistration of a disqualified skater cannot be modified and this disqualified skater cannot be replaced by a teammate.
- 3. For European Championships, the suspension is considered as purged during the relay only if the team cannot race.
- 4. A suspended skater who did not purge his suspension at the end of the European Championships remains suspended for the following European Championship. (Ex: from track to road or N to N+1).

Art. 182 - Sanctions & Ranking

7. (DNF)

The sanctions are applied by the Chief Referee and they shall be made public. They have to be notified on the official results of the race as:

1.	(W1) (W2)	for one or two warnings;
2.	(FS1)	for the first false start;
3.	(RR)	for reduction in rank;
4.	(DSQ-TF)	disqualified for technical fault - the disqualified skater is
		ranked at the end of the heat or round;
5.	(DSQ-SF)	disqualified for sport fault - the disqualified skater isn't
		ranked and he is placed at the end of the official results as
		disqualified.
		In case of general ranking he doesn't get any point;
6.	(DNS)	did not start;

Art. 183 - Sanctions & Ranking for sprint tournament

did not finish.

- Only one (1) false start is allowed for these speed races. When a skater commits a second false start in the race, he must be disqualified for technical fault. He is ranked.
- 2. When a skater commits a sport fault, under the decision of the chief referee:
 - a. If the skater who receives the sport fault can be qualified by using a reduction in rank assigned to the skater who commits the fault, this decision is applied;
 - If the skater who receives the fault falls or cannot be qualified using a reduction in rank assigned to the skater who commits the fault, the skater who commits the fault is disqualified (DSQ-SF);
 - c. If a skater commits a sport fault estimated as voluntary or important by the jury, this skater is disqualified even if the skater who receives the fault is qualified.

CERS - CEC Sports Rules 86/123





Section 9 - Disciplinary measures

Art. 184 - Disciplinary faults

The defined faults (Art. 185 – Fair play to Art. 188 – Misconduct against officials and the jury) are considered as disciplinary faults.

Art. 185 - Fair play

All the skaters must take part in races fairly and enthusiastically. Those showing a negative attitude or clear inability may be excluded from the competition.

Art. 186 - Aggression

It's the responsibility of the Chief Referee to qualify a sport fault as a disciplinary fault, taking in consideration the aspect "voluntary" or "involuntary".

Art. 187 - Team fault

When one skater makes a fault in order to let his team mate win:

- 1. the skater who commits the fault is disqualified and may be excluded by the CEC from all the European Championship/European Cup events;
- 2. the skater who benefits of the fault must be reduced in rank.

Art. 188 - Misconduct against officials and the jury

- Any member of the jury who is affected before, during or after a competition by any offence or violence of any kind by a skater or another member of delegations, may immediately inform the Chief Referee who shall seize the Disciplinary Commission of the CEC
- 2. Any CERS official who is affected during an official event is in power to seize the CEC Disciplinary Commission.

Art. 189 - Disciplinary procedure

- It is the responsibility of the Chief Referee to seize the Disciplinary Commission of CEC in case of disciplinary fault. Anyone, skater, coach or delegate who commits the disciplinary fault is sanctioned by the Disciplinary Commission of the CEC
- 2. Members of the CEC who observe a disciplinary fault are in power to seize the CEC Disciplinary Commission.

CERS - CEC Sports Rules 87/123





Art. 190 - Process of the Disciplinary Commission

When a skater or a member of an official delegation committed a disciplinary fault, he is convened by the Disciplinary Commission of CEC This person has the possibility to appear in front of the disciplinary commission and he may be accompanied by the official of the delegation. The blamed facts are presented to him by the president of the commission. The skater or the official of the delegation has then the possibility of presenting a defence.

Art. 191 – Disciplinary measures

Disciplinary measures that can be adopted by the Disciplinary Commission of CEC are the following:

- 1. exclusion of the competition;
- 2. period of suspension.

Art. 192 - Exclusion of the competition

In the case of very serious infringement, any skater or member of the official delegation may be excluded by the CEC Disciplinary Commission from all the competition. In case of exclusion, the accreditation card is removed.

Art. 193 - Suspension

CEC Disciplinary Commission has the ultimate power to adopt suspension measures for period of time of a maximum up to six (6) months.

Art. 194 - Body of first instance (claims)

- 1. The Chief Referee is the body of first instance for all the claims concerning the sanctions (Art. 184 Disciplinary faults) taken in application of the Technical rules of CEC
- 2. The CEC is the body of first instance for claims concerning all the aspects of general regulations of CEC.

Art. 195 - Claims procedure

Each Delegation has the right to make a claim during the competition against the decision about the order of arrival. The reasons behind the claim must be described in writing and given to the Chief Referee within 15 minutes of the end of the race or after the official announcement of the result.



For the European Championship, claim must be written in the official CEC language on an official form (Annex 4 CEC form), signed by the official delegate of the nation.

CERS - CEC Sports Rules 88/123





Art. 196 - Claims presented to the CEC

- Claims regarding the admittance of a skater to a competition may be submitted:
 - a. by a Federation delegate who believes that one of his skaters has not been admitted though he was eligible;
 - b. by all Federations delegates believing to have been damaged because of the admittance to the competition of a skater belonging to another Federation, who does not have the right to participate.
- 2. Claims are to be signed by the official delegate and submitted in writing to the Chief Referee thirty minutes prior to the beginning of the competition. When a referee believes he has adequate information to admit a skater to a competition, and that such an admittance is the subject of a dispute, he can admit said skater with due reservation, leaving the final decision to CEC that will take care of any necessary control.
- 3. This decision must be made known to the official delegates of the participating countries.

Art. 197 - Claim fees

A fee in the amount of 150,- EUR shall accompany any claims to the Chief referee. A fee in the amount of 250,- EUR shall accompany any claims to the CEC.

Art. 198 - Body of second instance (appeal)

CEC Disciplinary Commission is the body of second instance and receives the appeals after the decision taken in first instance by the chief referee. The decision taken by the CEC Disciplinary Commission is final.

Comité Central of CERS is the body of second instance and receives the appeals after the decision taken in first instance by CEC regarding disciplinary faults (see General Regulation of CERS).

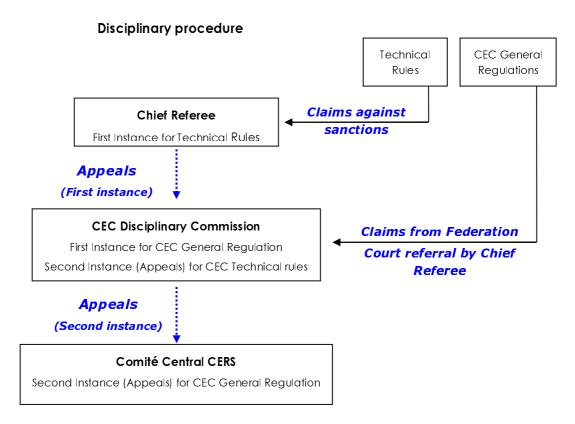
CERS - CEC Sports Rules 89/123





Art. 199 - Appeal procedure

The Chief Referee will examine the claim in the first instance; if rejected, the complaining Federation can, within 15 minutes from the official announcement of the decision of the Chief Referee, submit appeal to CEC Disciplinary Commission.



Art. 200 - Appeal fees

Appeal can be submitted to CEC Disciplinary Commission along with the payment of a further fee of 300,- EUR.

Art. 201 - Decisions

The decisions of the first and second instance shall be verbally communicated to the Delegate of the complaining country/team, and then made official by writing. Such an amount shall be given back only when the claim is approved.

CERS - CEC Sports Rules 90/123





Chapter 2 - Specific rules for European Speed Skating Championship (ESSC)

Art. 202 - ESSC: Official Track

Official track certified by the CEC is defined in *Art.* 109 – *Track for European Championships*.

Art. 203 - Ranking of the previous ESSC

The ranking of the n-1 ESSC (Art. 70 – European Ranking) is used for the composition of the starting order. The nations who did not participate at the previous European Championships complete the ranking using the alphabetic order in English.

Art. 204 – Planning and warm-up

Before each race, a warm-up of six (6) minutes is accorded to the skaters who are going to race. The last minute is announced by the official speaker.

Art. 205 - ESSC: Road 100 m sprint

The heats will be made up according to the ranking of the nations of the previous ESSC (**Fehler! Verweisquelle konnte nicht gefunden werden.**). ESSC n-1 ranking and the serpentine system.

Nations Ranking N-1	Skaters
1. Italy	2
2. Spain	2
Germany	1
4. Belgium	2
5. France	2
6. Netherlands	1
7. Poland	1
8. Denmark	1
9. Portugal	2
10. Hungary	2

Starting line Order	Heat 1	Heat 2	Heat 3	Heat 4	Heat 5	Heat 6	Heat 7
Called first	Italy	Italy	Spain	Spain	Germany	Belgium	Belgium
Called second	Portugal	Portugal	Denmark	Poland	Netherlands	France	France
Called third	Hungary	Hungary	-				

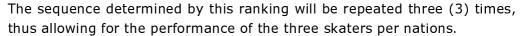
CERS - CEC Sports Rules 91/123





Art. 206 - ESSC: Track 300 m time trial

1. These trials will be skated individually according to the opposite order established by the ranking of the nations of the previous European Championships (*Art. 70 – European Ranking –* ESSC n-1 ranking).



- 2. It is the team's decision to indicate, at the call area, the order in which its three (3) skaters will participate.
- 3. If the national team participates with only one (1) skater, he races in the third heat or if the the national team participates only with two (2) skaters, they race in the second and third heat.
- 4. This race will be run with qualifications and final. In the first part of the day there will be qualification for all entered skaters according to here above mentioned draw. The best 12 times of qualifications will run the final, starting in inverse/opposite order, from the worst time to the best one.

(See Art. 83 – Starting line & Art. 137 – Time trial starting conditions)

Art. 207 - ESSC: Sprint tournament (500 m, 1 lap & 1.000 m)

Qualification heats (first round)

The heats will be made up according to the ranking of the nations of the previous European Championships (Art. 70) ESSC n-1 ranking.

Starting line Order	Heat 1	Heat 2	Heat 3	Heat 4	Heat 5	Heat 6	Heat 7	Heat 8
Called in first	1	2	3	4	5	6	7	8
Called in second	16	15	14	13	12	11	10	9
Called in third	17	18	19	20	21	22	23	24
Called in fourth						Serbia	Finland	Slove- nia

2. Starting line

For all the rounds, the skaters are called and choose their position on the starting line according the starting line order (Art. 135 – Starting line order).

CERS - CEC Sports Rules 92/123





Art. 208 - ESSC: Constitution of the qualification heats for the long distance

If, for the following races: Elimination race (Art. 209 - ESSC: Track 15.000 m Elimination race and Art. 213 - ESSC: Road 20.000 m Elimination), Point Race (Art. 212 - ESSC: Road Point race) and Elimination and point race (Art. 210 -ESSC: Track Elimination & Point race), the number of skaters requires the organisation of qualification heats, then they are organised as follows:

- The composition should be made according to the ranking of the nations and as follows:
 - a) The nation with three (3) skaters are drawn first;
 - b) The nations with two (2) skaters are drawn next;
 - c) The nations with only one (1) skater are drawn at the end. They complete the heat according the ranking of the nations (ESSC n-1) and the serpentine method.
- There will be no loser's final. Unqualified skaters are ranked according the 2. result (place) obtained in the qualification heat.

Nations Ranking	Skaters by Nation	Starting line Ranking	Heat 1	Heat 2
1. Germany	3	I	Germany –	→ Germany
2. Italy	3	II	Italy ←	Germany ★
3. Denmark	1	III	Italy	Italy
4. Belgium	2	IV	France	France
5. France	3	V	France	Belgium
6. Switzerland	2	VI	Belgium	Switzerland
7. Spain	2	VII	Switzerland	Spain
8. Hungary	1	VIII	Spain	Netherlands
9. Poland	1	IX	Netherlands	Denmark
10. Netherlands	2	X	Poland	Hungary

Ranking Draw	Skaters by Nation	Starting Ranki
1. Germany	3	I
2. Italy	3	II
3. Denmark	1	III
4. Belgium	2	IV
5. France	3	V
6. Switzerland	2	VI
7. Spain	2	VII
8. Hungary	1	VIII
9. Poland	1	IX
10. Netherlands	2	X

Starting line Ranking
I
II
III
IV
V
VI
VII
VIII
IX
Χ

Heat 1	Heat 2	Heat 3
Germany	Germany	Germany
Italy	Italy	Italy
France	France	France
Switzerland	Belgium	Belgium
Switzerland	Spain	Spain
Denmark	Netherlands	Netherlands
Hungary	Poland	

CERS - CEC Sports Rules 93/123





Art. 209 - ESSC: Track 15.000 m Elimination race

1. Elimination system

The final should be planned in such a way that after the last sprint (elimination), there must be at least five (5) skaters in order to determine the gold, silver and bronze medals. No more than ten (10) Double elimination consisting of the elimination of the last two skaters is permitted.

2. Final

Under the decision of the chief-referee the final can be run by 36 to 46 skaters. Under 46 skaters, there aren't any qualification heats.

- a) Final 36 skaters
 - 11 laps without elimination (2 km) (around 3 or 4 minutes)
 - 31 eliminations + 5 skaters at the end = 36 skaters at the start

b) Final 37 to 46 skaters

- 10 more eliminations resulting of double elimination (DE) could be planned from the $1^{\rm st}$ to the $10^{\rm th}$ elimination (DE1 to DE10)

Laps					Laps					Laps		
75		36 skaters			50		29 skaters			25	E20	
74					49	E8		DE8	if 44 skaters	24		16 skaters
73					48		28 skaters			23	E21	
72	υ				47	E9		DE9	if 45 skaters	22		15 skaters
71	free				46		27 skaters			21	E22	
70	1 laps i				45	E10		DE10	if 46 skaters	20		14 skaters
69	===				44		26 skaters			19	E23	
68	-				43	E11				18		13 skaters
67					42		25 skaters			17	E24	
66					41	E12				16		12 skaters
65					40		24 skaters			15	E25	
64	Bell	36 skaters			39	E13				14		11 skaters
63	E1		DE1	if 37 skaters	38		23 skaters			13	E26	
62		35 skaters			37	E14				12		10 skaters
61	E2		DE2	if 38 skaters	36		22 skaters			11	E27	
60		34 skaters			35	E15				10		9 skaters
59	E3		DE3	if 39 skaters	34		21 skaters			9	E28	
58		33 skaters			33	E16				8		8 skaters
57	E4		DE4	if 40 skaters	32		20 skaters			7	E29	
56		32 skaters			31	E17				6		7 skaters
55	E5		DE5	if 41 skaters	30		19 skaters			5	E30	
54		31 skaters			29	E18				4		6 skaters
53	E6		DE6	if 42 skaters	28		18 skaters			3	E31 Last E	
52		30 skaters			27	E19				2		5 skaters
51	E7		DE7	if 43 skaters	26		17 skaters			1	Bell Last lap	5 skaters
					_					0	Arrival	5 skaters

3. Qualification Heats

If there are more than 46 skaters, qualification heats must be planned. The final is run by 36 skaters (Art. 208/1).

4. Composition and protocol of the qualification heats

CERS - CEC Sports Rules 94/123





The heats are composed according Art. 207 and the protocol of the race is as follows:

- the first eleven (11) laps are without any elimination;
- elimination every two (2) laps;
- no double elimination;
- when the number of skaters to qualify is obtained the qualification heat is finished.

Art. 210 - ESSC: Track Elimination & Point race

1. Elimination system

The last elimination will be three laps to go. After the last elimination, 10 skaters will remain competing.

2. Punctuation system

Two points will be awarded to the winner and one point to the second skater after each fixed point of the race.

At the completion of the last lap 3-2-1 points will be awarded to the first three skaters.

Protocol of the Final

Under the decision of the chief referee the final can be raced with 30 to 40 skaters. From 31 to 40 skaters, the first ten eliminations can be Double Eliminations (DE).

20 eliminations + 10 skaters = 30 skaters

21 sprints + arrival = 69 points

Laps			Sk	Laps			Sk	Laps			Sk	Laps			Sk	Laps			Sk
50			30	40	Р		29	30	Р		24	20	Р		19	10	Р		14
49	a)			39		E 2		29		E 7		19		E 12		9		E17	
48	free			38	Р		28	28	Ρ		23	18	Ρ		18	8	Ρ		13
47	laps			37		E 3		27		E 8		17		E 13		7		E18	
46	7 la			36	Р		27	26	Ρ		22	16	Р		17	6	Ρ		12
45				35		E 4		25		E 9		15		E 14		5		E19	
44				34	Р		26	24	Ρ		21	14	Р		16	4	Ρ		11
43	Bell			33		E 5		23		E 10		13		E 15		3		E20	
42	Р		30	32	Р		25	22	Р		20	12	Р		15	2	Ρ		10
41		E 1		31		E 6		21		E 11		11		E 16		1		Bell Las	st lap
																Arrival		Final Po	oints

4. Qualification heats

If there are more than 40 skaters, qualification heats must be done (Constitution of heats - Art. 208 – ESSC: Constitution of the qualification heats for the long distance race).

5. Protocol 10.000 m Elimination Qualification Heats

CERS - CEC Sports Rules 95/123





Engaged	Heats	Qualified Place	Simple Elimination	Double Elimination	Final
41 to 90	2 x 21 to 45	15	6 to 20	1 to 10	00
91 to 120	3 x 30 to 40	10	20	1 to 10	30
121 to 142	4 x 30 to 38	8	20	2 to 10	32

The protocol is the same as the final but the number of qualified skaters will remain competing after the last elimination (see following table).

Example for 2 heats:

Laps	10 Km	Skate	'S
50			35
49			
48	ree		
47	7 laps free		
46	7 la		
45			
44			
43	BELL		
42	Pts		35
41		Elim	
40	Pts		34
39		Elim	
38	Pts		33
37		Elim	
36	Pts		32
35		Elim	
34	Pts		31
33		Elim	

Laps		Skate	ers
32	Pts		30
31		Elim	
30	Pts		29
29		Elim	
28	Pts		28
27		Elim	
26	Pts		27
25		Elim	
24	Pts		26
23		Elim	
22	Pts		25
21		Elim	
20	Pts		24
19		Elim	
18	Pts		23
17		Elim	
16	Pts		22
15		Elim	

Laps	Skater	s
14	Pts	21
13	Elim	
12	Pts	20
11	Elim	
10 Pt	ts	19
9	Elim	
8 P 1	ts	18
7	Elim	
6 P	ts	17
5	Elim	
4 P	ts	16
3 L	ast Eliminat	ion
2 P	s	15
1 B	ell La	15
Arrival		15

If all eliminations cannot be done due to an insufficient number of skaters, follow Art. 129.5.

Art. 211 - ESSC: Relay races

1. In relay races, each Federation may enter 4 skaters. The teams must take part in the race with three skaters.

2. Qualification Heats

The Chief Referee determines whether the qualification heats will take place, and if so, he will indicate how many teams of each heat will go on to the final.

The relay heats are established according the ranking of the n-1 ESSC and are organised according to the serpentine system.

CERS - CEC Sports Rules 96/123





Art. 212 - ESSC: Road Point race

The CEC will advise how this event should take place.

The communication should include:

- 1. Punctuation System.
 - a. Sprints will take place in every lap
 - b. Assignment of points: two points will be awarded to the winner and one point to the second skater after each fixed point of the course.
 - c. At the completion of the last lap, 3, 2 and 1 point will be awarded to the first 3 skaters.

2. Final protocol

Under the decision of the chief referee the final can be run by 50 skaters. If there are more than 50 skaters, qualification heats must be carried out.

Circuit 400 m 25 laps	Circuit longer than 400 m	
The first 2 laps must be free	The first Km must be free	
• 22 point sprints (2 & 1 point)	• Sprint every lap (2 & 1 point)	
• 1 final sprint (3, 2 & 1 point)	• Final sprint (3, 2 & 1 point)	

3. Qualification heats

			Heats	Place	Final
51	to	80	2 x 25 to 40	20	40
81	to	120	3 x 27 to 40	14	42
121	to	160	4 x 31 to 40	10	40
161	to	200	5 x 32 to 40	8	40

Art. 213 - ESSC: Road 20.000 m Elimination

1. Elimination system

The final should be planned in such a way that after the last sprint (elimination), there must be at least five (5) skaters in order to determine the gold, silver and bronze medals.

2. Final

The Chief referee determines the number of skaters in the final taking in consideration the length and the width of the road circuit.

CERS - CEC Sports Rules 97/123





Chapter 3 - Specific rules for Roller Marathons at the European Championship (RMEC)

Art. 214 - Circuit

Race will be run on an open road circuit or closed circuit being at least 1.500 m in length.

Art. 215 - Number of participants

A number of skaters equal to that entered at the European Speed Skating Championship on the road and on track plus two other skaters, ladies and men, may participate at the European Marathon Championship, until a maximum of 10 male skaters and 10 female skaters. The marathon is part of the track Championships. The federation can add two more skaters to the announced skaters on the road.

Art. 216 - Further regulations

The race is valid for the assignment of the European title, no points for the rankings per nations and skaters.

Lapped or withdrawn skaters will be ranked after the last one, ex aequo, according to their race number (for technical reasons).

- 1. There are two (2) marathons, one (1) Marathon men and one (1) Marathon ladies.
- 2. Junior Skaters are allowed to participate.
- 3. There is only one (1) ranking by marathon race.

CERS - CEC Sports Rules 98/123





Chapter 4 - Specific rules for the European Cup (EC)

Organisation of the European Cup

Art. 217 - Duration

Days of competition: three (maximum) for each event.

Art. 218 - Participation

- All European skaters provided they are authorised by their corresponding National Federation which is affiliated to the CEC;
- All skaters from other Continental Federations affiliated with FIRS may participate in the Euro Cup (on invitation by the organizers)

Participants may find details for entries on the EC website (Link to each organizer/website): http://www.Europeancupinline.eu/

- central registration;
- unique EC ID;
- Fees to be paid by bank transfer as indicated.

Art. 219 - Categories

Categories: Cadet, Junior B, Junior A and Senior.

Art. 220 - Event Organisation

- 1. Organizers are authorised to use CEC logo and must hoist CEC flag in the sports venue.
- 2. The CEC will attend every event with its own delegate, two (2) delegates at the final event, being the board and lodging expenses up to the local organizer.
- 3. Board and lodging expenses of other CEC attending members will be CEC responsibility.
- 4. An official representative of the national federation has to be present at the stage.
- 5. Insurance: each participant must have his own personal insurance. At the same time, organizers too must have an insurance against third party.
- 6. Website: each organisation must have its own website containing details about the event (proper application with entries, hotels, features of the track, modalities of entries, type of races, etc.).

CERS - CEC Sports Rules 99/123





- 7. The CEC provides a template for the announcement of the stage. The template must be used by the organizer (unity of announcements and in accordance with the rulebook).
- 8. The European Cup races/categories have preference/priority. It is not possible to cancel European Cup races and instead to start races of non-European Cup categories.
- 9. The official distances of the Sports Rules have to be chosen for European Cup short/long distances.
- 10. The award ceremony must be started on Sunday until 6 pm (this is the latest moment).
- 11. If any skater can not participate at the award ceremony he must announce this to the CEC member present at this stage.
- 12.If the skater is not participating at the ceremony, he will lose all his points from this event.

Art. 221 - Prize money

- 1. In order to increase the prize money, organizers will do their best in looking for sponsors, with the assistance of CEC.
- 2. This matter will be coordinated by the CEC with the organizers.
- 3. Prize money has to be claimed personally by the qualified skaters on the official CEC form (declaration of tax) and has to be sent to CEC.
- 4. Unclaimed prize money will be put in the prize money of the following year.

EC Prize Money Overview

Seniors Men/Women (Short Distance/Long Distance) → 4 rankings			
1 st class.	CEC medal	EUR 1.000,	
2 nd class.	CEC medal	EUR 600,	
3 rd class.	CEC medal	EUR 400,	
4 th class.	-	EUR 200,	
5 th class.	-	EUR 100,	
		Total	EUR 9.200,

Juniors A Men/Women (Short Distance/Long Distance) → 4 rankings			
1 st class.	CEC medal	EUR 500,	
2 nd class.	CEC medal	EUR 300,	
3 rd class.	CEC medal	EUR 200,	
4 th class.	-	EUR 150,	
5 th class.	-	EUR 100,	

CERS - CEC Sports Rules 100/123





	Total	EUR 5.000
--	-------	-----------

Juniors B Men/Women (Short Distance/Long Distance) → 4 rankings			
1 st class.	CEC medal	EUR 400,	
2 nd class.	CEC medal	EUR 200,	
3 rd class.	CEC medal	EUR 150,	
4 th class.	-	EUR 100,	
		Total	EUR 3.400,

Cadets Men/Women (Short Distance/Long Distance) → 4 rankings				
1 st class.	CEC medal	EUR 300,		
2 nd class.	CEC medal	EUR 200,		
3 rd class. CEC medal EUR 100,				
		Total	EUR 2.400,	

- 4. The payment will be done in cash at the last stage.
- 5. All athletes have to bring the correct form to the final, than they will get the prize money directly.
- 6. The organizer of the final stage will get the fees directly of all stages by the organizers.

Art. 222 - Ranking

Data:

Before, during and at the end of the event, all data must be sent to the webmaster (ec-webmaster@c-webdesign.net) to be uploaded on the EC website.

Questions about results: e-mail to results@Europeancupinline.eu

Rankings:

Separate rankings for short distance and long distance races will be prepared after each event. A skater may participate in short and long distance races (no rankings per team).

Points will be assigned as follows: 20 points to the 1^{st} skater, 19 points to the 2^{nd} one and so on; 1 point for participation to all ranked skaters.

Increase of 0,1 point to the first skaters just to mark the winners.

CERS - CEC Sports Rules 101/123





If skaters have the same amount of points in the tournament, the winner is the skater who was in the better position/ranking in the last distance. Example:

Skater	10.000 m E	5.000 m Points	Points	Place
Α	1.	3.	4	3.
В	2.	2.	4	2.
С	3.	1.	4	1.

For the final EC stage the maximum of points will be 30 (it doesn't depend on the number of skaters).

Final ranking:

Each skater must participate in at least five (5) events if he or she wants to take part in the overall ranking (best 7 – maximum the best 7 races will be accounted).

Medals for the final ranking must be taken personally by skaters.

Art. 223 - Medals

The CEC will supply medals for the first 3 skaters of each ranking/category in the tournament. There will be no medals given for the final ranking of the overall tournament.

The cost of the medals and the payment to CERS is up to the CEC.

Art. 224 - Future development/organisation

Every year, at the last venue (final stage), a meeting date will be scheduled to agree the program of the following year according to received proposals (must be submitted until the General Assembly held at the European Championship).

Fees

Art. 225 - Organizer fee

Organising fee of 2.250,- Euro to be paid to CEC at least 2 months before the event with all the corresponding documents.

The major part of this sum will create prize money to be assigned on the basis of the final ranking.

CERS - CEC Sports Rules 102/123





Art. 226 - Inscription fee

20,- EUR per participant.

Technical rules

Art. 227 - Technical rules

The CEC rules will be applied.

The technical rules will be updated every year (if necessary).

Art. 228 - Event composition

Types of races:

Competitions must schedule, in each event, two (2) sprint races and two long distance races. Every day, there will be one short distance race (up to 1.000 m) and one long distance race.

Races cannot be changed during the running of the event; in case of adverse weather conditions, rankings can be made on one race only.

Each organizer may decide for any other category (outside of the European Cup), like Masters or Beginners (up to 13 years old).

Art. 229 - Disqualification

If a skater is disqualified for sports fault in one race in short or long distance, he will be blocked for the next race in the stage.

Example: 300 m Disqualified

500 m no start possible

Start in long distance is possible!

Art. 230 - Warning

Meeting Point: after entering the area of call a skater is not allowed to leave again. If he does, he will get a warning.

Art. 231 - 300 m time trial

As a time saving measure, it is allowed to organize a final with the minimum of 6 skaters.

CERS - CEC Sports Rules 103/123





Art. 232 - 500 m sprint tournament

The first series will be a qualification by time (best times go through to the next round). After these series the composition will follow the CEC rules (Art. 123).

There must be organized a final with the minimum of 6 skaters.

Art. 233 - Judges

Each organisation will send CEC the list of necessary and available judges, with the name of the suggested Chief Referee. The CEC can change the Chief Referee; in that case the travelling expenses will be up to CEC.

The organizers must pay boarding, lodging and travel expenses of judges. Special arrangements are possible.

Art. 234 - Technical equipment

Technical equipment: each organizer must have a FinishLynx timing system or something similar and a photo-finish.

Art. 235 - Anti Doping control

Anti-Doping control according to rules in force of the National Federation in the hosting country.

Anti-Doping controls have to be executed (compulsory); expenses paid by the organizer or the National Federation of the hosting country.

CERS - CEC Sports Rules 104/123





Chapter 5 - Specific rules for the East European Cup (EEC)

Organisation of the East European Cup

Art. 236 - Duration

Days of competition: three (maximum) for each event.

Art. 237 - Participation

- All European skaters provided they are authorised by their corresponding National Federation which is affiliated to the CEC;
- All skaters from other Continental Federations affiliated with FIRS may participate in the East European Cup (on invitation by the organizers).

Art. 238 - Categories

Categories: Cadet, Junior B, Junior A and Senior.

Art. 239 - Event Organisation

- 1. Organizers are authorised to use CEC logo and must hoist CEC flag in the sports venue.
- 2. The CEC will attend every event with its own delegate, two (2) delegates at the final event, being the board and lodging expenses up to the local organizer.
- 3. Board and lodging expenses of other CEC attending members will be CEC responsibility.
- 4. An official representative of the national federation has to be present at the stage.
- 5. Insurance: each participant must have his own personal insurance. At the same time, organizers too must have an insurance against third party.
- 6. The CEC provides a template for the announcement of the stage. The template must be used by the organizer (unity of announcements and in accordance with the rulebook).
- 7. The European Cup races/categories have preference/priority. It is not possible to cancel East European Cup races and instead to start races of non-East European Cup categories.
- 8. The official distances of the Sports Rules have to be chosen for East European Cup short/long distances.
- 9. The award ceremony must be started on Sunday until 6 pm (this is the latest moment).

CERS - CEC Sports Rules 105/123





- 10.If any skater can not participate at the award ceremony he must announce this to the CEC member present at this stage.
- 11. If the skater is not participating at the ceremony, he will lose all his points from this event.

Art. 240 - Prize money

- 1. In order to increase the prize money, organizers will do their best in looking for sponsors, with the assistance of CEC.
- 2. This matter will be coordinated by the CEC with the organizers.
- 3. Prize money has to be claimed personally by the qualified skaters on the official CEC form (declaration of tax) and has to be sent to CEC.
- 4. Unclaimed prize money will be put in the prize money of the following year.

EEC Prize Money Overview

Seniors Men/Women (Short Distance/Long Distance) → 4 rankings			
1 st class.	CEC medal	EUR 1.000,	
2 nd class.	CEC medal	EUR 600,	
3 rd class.	CEC medal	EUR 400,	
4 th class.	-	EUR 200,	
5 th class.	-	EUR 100,	
		Total	EUR 9.200,

Juniors A Men/Women (Short Distance/Long Distance) → 4 rankings			
1 st class.	CEC medal	EUR 500,	
2 nd class.	CEC medal	EUR 300,	
3 rd class.	CEC medal	EUR 200,	
4 th class.	-	EUR 150,	
5 th class.	-	EUR 100,	
		Total	EUR 5.000

Juniors B Men/Women (Short Distance/Long Distance) → 4 rankings				
1 st class.	CEC medal	EUR 400,		
2 nd class.	CEC medal	EUR 200,		

CERS - CEC Sports Rules 106/123





3 rd class.	CEC medal	EUR 150,	
4 th class.	-	EUR 100,	
		Total	EUR 3.400,

Cadets Men/Women (Short Distance/Long Distance) → 4 rankings				
1 st class.	CEC medal	EUR 300,		
2 nd class.	CEC medal	EUR 200,		
3 rd class.	CEC medal	EUR 100,		
		Total	EUR 2.400,	

- 5. The payment will be done in cash at the last stage.
- 6. All athletes have to bring the correct form to the final, than they will get the prize money directly.
- 7. The organizer of the final stage will get the fees directly of all stages by the organizers.

Art. 241 - Ranking

Data:

Before, during and at the end of the event, all data must be sent to the webmaster (<u>ec-webmaster@c-webdesign.net</u>) to be uploaded on the EC website.

Questions about results: e-Mail to results@Europeancupinline.eu

Rankings:

Separate rankings for short distance and long distance races will be prepared after each event. A skater may participate in short and long distance races (no rankings per team).

Points will be assigned as follows: 20 points to the 1^{st} skater, 19 points to the 2^{nd} one and so on; 1 point for participation to all ranked skaters.

Increase of 0,1 point to the first skaters just to mark the winners.

If skaters have the same amount of points in the tournament, the winner is the skater who was in the better position/ranking in the last distance. Example:

Skater	10.000 m E	5.000 m Points	Points	Place
А	1.	3.	4	3.

CERS - CEC Sports Rules 107/123





В	2.	2.	4	2.
С	3.	1.	4	1.

For the final EEC stage the maximum of points will be 30 (it doesn't depend on the number of skaters).

Final ranking:

Each skater must participate in at least five (5) events if he or she wants to take part in the overall ranking (best 7 – maximum the best 7 races will be accounted).

Medals for the final ranking must be taken personally by skaters.

Art. 242 - Medals

The CEC will supply medals for the first 3 skaters of each ranking/category in the tournament. There will be no medals given for the final ranking of the overall tournament.

The cost of the medals and the payment to CERS is up to the CEC.

Art. 243 - Future development/organisation

Every year, at the last venue (final stage), a meeting date will be scheduled to agree the program of the following year according to received proposals (must be submitted until the General Assembly held at the European Championship).

Fees

Art. 244 - Organizer fee

Organising fee of 2.250,- EUR to be paid to CEC at least 2 months before the event with all the corresponding documents.

The major part of this sum will create prize money to be assigned on the basis of the final ranking.

Art. 245 - Inscription fee

20,- EUR per participant.

CERS - CEC Sports Rules 108/123





Technical rules

Art. 246 - Technical rules

The CEC rules will be applied.

The technical rules will be updated every year (if necessary).

Art. 247 - Event composition

Types of races:

Competitions must schedule, in each event, two (2) sprint races and two long distance races. Every day, there will be one short distance race (up to 1.000 m) and one long distance race.

Races cannot be changed during the running of the event; in case of adverse weather conditions, rankings can be made on one race only.

Each organizer may decide for any other category (outside of the European Cup), like Masters or Beginners (up to 13 years old).

Art. 248 - Disqualification

If a skater is disqualified for sports fault in one race in short or long distance, he will be blocked for the next race in the stage.

Example: 300 m Disqualified

500 m no start possible

Start in long distance is possible!

CERS - CEC Sports Rules 109/123





Annex

1. Table of CEC Fees

The official CERS/CEC currency is the Euro (EUR/€).

So, all fees may be paid in this currency at the daily change rate of the Swiss Franc (CHF).

At the European Championships each Federation must pay a registration fee for each skater entered on track and another registration fee for each skater entered on the road (Art. 66).

Each Federation can enter a maximum of 8 male skaters and 8 female skaters.

The proof of payment of such fees and passport control must be scheduled before or during the preparatory meeting day.

Entry Fees for European Championships

No federation fee for each participating country	0,-	EUR
For each senior skater entered for track For each senior skater entered for road	•	EUR EUR
For each junior A skater entered for track For each junior A skater entered for road	,	EUR EUR
For each junior B skater entered for track For each junior B skater entered for road	•	EUR EUR
For each cadet skater entered for track	15,-	EUR
Each additional skater (marathon only at ESSC) For each master skater entered for marathon	,	EUR EUR

Penalty Fee

Withdrawal from European Championship 1.000,- to 2.000,- EUR

(An entered country not participating at or that withdrew from the European Championship must pay a fine of, according to the delay without notice and for the seriousness of withdrawal).

Entry Fees for European Cup

Fee for each event/stage per participant 20,- EUR

Organising Fees

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For interregional/continental competitions (with national teams)	300,- EUR
For interregional/continental competitions (with club teams)	100,- EUR
For European Senior/Junior A + B Championships (track and road)	9.000,- EUR (*)
For European Senior/Junior A Championships (track and road)	7.500,- EUR (*)
For European Junior B/Cadet Championships (track only)	3.500,- EUR (*)
(*) 20% to be paid with the candidature (Art. 48), remaining 80% at least the day preceding the beginni the competitions.	ng of
For European Master Marathon Championship (Suspended if integrated in European Championships)	1.000,- EUR
For European Cup stage	2.250,- EUR
Claim Fees	450 5115
Claim fee against the decision of the Chief Referee	150,- EUR
Claim fee against the decision of the CEC	250,- EUR
Appeal fee to CEC	300,- EUR
Fees for European Speed Judges	
Affiliation fee (annual renewal)	50,- EUR

CERS - CEC Sports Rules 111/123





2. Table of Annual Dates

Information from the Federations	Due Date	Recipient	Responsibility	Article
A list of the working European Judges	January 31 st	CEC	National Federation	18
A list of all the clubs involved in speed skating	within three (3) months after the beginning of the new season in every country	CEC	National Federation	11
Official results of the junior and senior national championships	After championships	CEC	National Federation	11
A written report about National Championships, European Cup competitions and interclub/interregional competitions	After the event/competition	CEC	National Federations, Confederations, Clubs/Organizers	40
The planning of the competitions of the next year	At least by end of November	CEC	Confederations and Federations	35
Communication of the names of the judges who want to become International Judges	December 31 st	CEC	National Federation	19

Information from the CEC	Due Date	Recipient	Responsibility	Article
An updated list of European/international judges (Chief Referees) available in Europe	February/March	National Federations	CEC	23
Draw-up of the official calendar (published on the official website of the CEC)	End of December	Everybody	CEC	35

European Championships/Competitions	Due Date	Recipient	Responsibility	Article
Application for the organisation of a European Championship (submission of a written request)	within and not later than December 31 of the third previous year for which application is presented	CEC	Each interested National Federation	48
Evaluation of the applications and submission of the selection for ratification of the C.E.R.S Central Committee	within sixty (60) days	CERS Central Committee	CEC	48
Information about category, cost and location in respect to the track and the kind of available transport as far as the stay is concerned	must be given six (6) months before the beginning of the championship	Participating countries	Organizer	50
The programme and maps of important European competitions such as Championships, Cups, etc.	sixty (60) days before the start	CEC	Organizer	11
The constitution of the jury is done by the CEC (proposition of maximum 3 European/international judges in the order of the national preference)	As soon as possible	CEC	National Federations	53
Appointment by means of a written letter, the eight (8) European/International Judges belonging to different countries	sent at least thirty (30) days before the beginning of a Championship	National Federations and appointed judges	CEC President	54
Confirmation of the participation at the European Championship	thirty (30) days before the beginning	Organizer and CEC	National Federations	46
Decision to withdraw after submitting an entry (notification)	no less than ten (10) days prior to the beginning of the Championships	CEC and the organising Federation	Each country	47
Track and Road circuit must be available for free trainings	at least three (3) days before the beginning of the European Championship	Participating countries	Organising Federation	63
A technical (preparatory) meeting	scheduled 24 hours before the beginning of the European Championship	Participating countries	CEC	55

CERS - CEC Sports Rules 112/123





The European Speed Skating Championship	every year (preferably in July)	National Federations	CEC	59
Modification must be done at the secretariat of the jury	the day before the concerned race. The limit hour to give this modification is the hour of the end of races of the day more twenty (20) minutes	Secretary of the jury	Participating countries (delegate)	65
All the results of the European Championship on an informatics support	The last day of the European Championship	Participating federations	Organising Federation	57
The official results of anti-doping control	within and not later than one month from the end of the championship	CERS	Organising Federation	52
The result of a record has to be reported (notification)	within sixty (60) days	CEC	Organising Federation the of the European competition or Championship	77
Changes made in the list of the records. This shall take place through publication on the CEC/CERS website	As soon as possible	CERS member federations	CEC	78

CERS - CEC Sports Rules 113/123





3. CEC Official Program for European Speed Skating Championships

See CEC website (Organisation Manual)

http://www.cers-cec.eu/all-portfolio-list/European-championships/

CERS - CEC Sports Rules 114/123





4. CEC Forms (Folder) for European Speed Skating Championships

See CEC website (Forms)

http://www.cers-cec.eu/all-portfolio-list/European-championships/

CERS - CEC Sports Rules 115/123

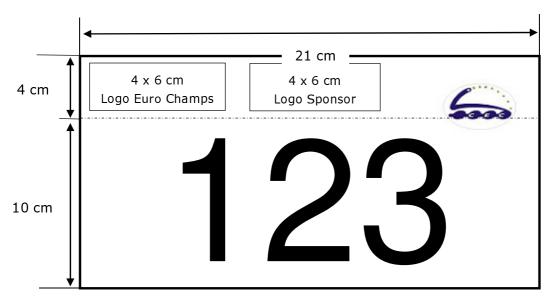




5. Race Numbers

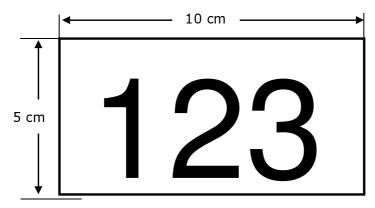
See Art. 99 - Race numbers

- 1. Skaters are identified by means of three (3) numbers. They are applied on both hips and on the top of the back.
- 2. If a fourth number is supplied, it is placed on the helmet.
- 3. Numbers are to be clearly visible.





4. Two more numbers to be placed on both sides of the helmet are compulsory at the European Championships.



5. If different series of numbers are used during the European Championships:.

₁23

₂23

CERS - CEC Sports Rules 116/123





6. United Nations Organisations ISO ALPHA 3 Code

Country or area name	ISO ALPHA 3 codes
Austria	AUT
Belgium	BEL
Bosnia and Herzegovina	BIH
Croatia	HRV
Czech Republic	CZE
Denmark	DNK
Estonia	EST
Finland	FIN
France	FRA
Germany	DEU
Hungary	HUN
Italy	ITA
Liechtenstein	LIE

Country or area name	ISO ALPHA 3 codes
Netherlands	NLD
Norway	NOR
Poland	POL
Portugal	PRT
Serbia	SRB
Slovakia	SVK
Slovenia	SVN
Spain	ESP
Sweden	SWE
Switzerland	CHE
Ukraine	UKR
United Kingdom of Great Britain and Northern Ireland	GBR

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